

FOURTH SUNDAY OF LENT

MARCH 15, 2026



A Scripture Reflection....

There's a line, among the many, in this Sunday's Gospel, that always stands out for me. It surely must have inspired the man who wrote the lyrics to one of the most well-known and oft-recorded hymns – *Amazing Grace*. Its author, John Newton, an 18th century slave trader from Great Britain, considered his survival during an 11-hour storm at sea in 1748 to be miraculous. It led to a conversion, on his part, and Newton's eventually becoming a minister and avowed abolitionist, an opponent of slavery. He penned the words of *Amazing Grace* to amplify the message of one of his sermons, echoing the "man blind from birth" and healed by Jesus – "One thing I do know is that I was blind and now I see." John Newton's story and that of the blind man in the Gospel are about a journey, a coming to faith.

The man born blind is given eyesight, but, even more importantly, he gradually receives insight as well. Notice that his understanding of Jesus grows from referring to him as "the man called Jesus," to "a prophet," to 'this man from God,' to finally worshipping Jesus as "Lord." Perhaps that's the appeal of *Amazing Grace* too. For aren't we all on a journey of understanding, from darkness to light, from being blind to seeing with the eyes of faith? Each day we need to ask ourselves what it is that may prevent us from seeing others as God does – not judging by external appearances, as our Reading from the 1st Book of Samuel notes, but looking into the heart of a person. Do we get caught up in viewing life based on superficial standards – status, looks, wealth? Or would we agree with the conclusion of the book *The Little Prince* – "It is only with the heart that one can see rightly?"

Lent gives us the opportunity to correct our vision, to see in Jesus the true "light of the world," to declare, with the man born blind, "I do believe, Lord." It's up to us not only to choose to live in the light of Christ, but also to carry it into the darkened corners of our world; bringing hope to those who despair, exposing injustices, righting wrongs – we could make quite a list, couldn't we? With John Newton though, let's recognize that we don't do it alone. "Through many dangers, toils, and snares I have already come; 'Tis grace has brought me safe thus far, And grace will lead me home."

On this 4th Sunday of Lent then, traditionally known as *Laetare* (Rejoice) *Sunday*, let's give special thanks for God's amazing grace in our lives. As we anticipate the joy of Easter – over halfway there now – we would do well to recall St. Augustine's advice – "If that (blind) man longed for the light of the body, how much more ought you all to long for the light of the heart? Let us cry out to him, not with our voices, but with our behavior. Let us lead good lives." (*Sermon 349. 5-6*) May God's works be made visible through us, particularly in our almsgiving this Lent, as we look with our hearts, helping those in need, with our time, talent, and treasure. I'd especially encourage you to sign up as a volunteer for the Mobile Pack event, being hosted by Our Mother of Good Counsel Parish for the Feed My Starving Children organization, on Friday, March 27th and Saturday, March 28th. Please see the note in this bulletin for more information. Hope to see you there! And don't forget the Baby Bottles for Guiding Star Ministries & the Catholic Relief Services' Rice Bowls to be collected by Palm Sunday weekend. "Was blind, but now I see."

Stewardship Thought for the Week

"Not as man sees does God see, because man sees the appearance, but the Lord looks into the heart." 1 Samuel 16:7

How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent and treasure here on earth.

Thank you for your generosity for the weekend of March 7 and 8, 2026:

Number of Envelopes	310
Envelope	\$35,047.95
Loose \$ / NP	\$2,096.41
Electronic	\$12,372.00
Total	\$49,516.36 *
10% Tithe	\$4,951.64
Last Year	\$33,639.00

* Includes 4 donations totaling \$25,150.95

Holy Week Schedule



ST. THOMAS OF VILLANOVA

PALM SUNDAY, VIGIL MASS, MARCH 28TH
Saturday, 4:30PM — Rosemont Chapel

PALM SUNDAY, MARCH 29TH
7:30AM — Villanova Church
9:00AM — Rosemont Chapel
10:30AM — Villanova Church

HOLY THURSDAY, APRIL 2ND
7:00PM Mass of the Lord's Supper
— Villanova Church

GOOD FRIDAY, APRIL 3RD
3:00PM Celebration of the Lord's Passion —
Villanova Church

HOLY SATURDAY, APRIL 4TH
7:30PM Easter Vigil — Villanova Church

EASTER SUNDAY, APRIL 5TH
7:30AM - Villanova Church
9:00AM - Rosemont Chapel
9:30AM - Villanova Church
11:00AM - Rosemont Chapel
11:30AM – Villanova Church

There is no Evening Mass
on Easter Sunday.

OUR MOTHER OF GOOD COUNSEL

PALM SUNDAY, VIGIL MASS, MARCH 28TH
Saturday, 5:00PM

PALM SUNDAY, MARCH 29TH
8:00AM — 10:00AM — 11:30AM — 7:00PM

HOLY THURSDAY, APRIL 2ND
8:00PM Mass of the Lord's Supper

GOOD FRIDAY, APRIL 3RD
3:00PM Celebration of the Lord's Passion

HOLY SATURDAY, APRIL 4TH
8:00PM Easter Vigil

EASTER SUNDAY, APRIL 5TH
8:00AM — 10:00AM — 12:00PM

No Evening Mass.

This is a gentle reminder about seating in church. When the Lenten Season begins, the attendance at Mass greatly increases and the church is more crowded. Please remember to make space for others to sit, especially during very crowded Masses. Try to fill in spaces where single spots are vacant in the middle of a row, so that other families can more easily sit together. Please move towards the middle of the pew, leaving the aisle seats for those coming later. And for those who can't sit in the middle of the pew for medical and other specific reasons, take the outside aisle spot and graciously allow those coming after you to go past (by moving out for them so they can get by).

Thank you and God Bless!
Tanya Braithwaite, Director of Liturgy

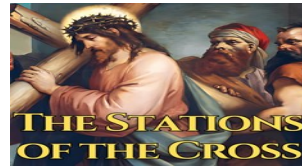


MASS OF HEALING ANOINTING OF THE SICK

SATURDAY — MARCH 21ST
During the
4:30PM Liturgy

For details, contact Mary Kate
McCauley at 610-525-4801 or
nurse@stvparish.org.

RECONCILIATION AND STATIONS OF THE CROSS DURING LENT



Reconciliation During Lent in Rosemont Chapel

Tuesdays following the 12:05pm Mass, Wednesday Evening at 6:30pm before the Stations of the Cross
Saturday mornings after the 9:00am Mass

Lenten Reconciliation Service in Villanova Church — Monday Evening, March 30, 2026 - 7:00PM

Lenten Reconciliation Service at Our Mother of Good Counsel - Wednesday, April 1, 2026 - 7:00PM

Stations of the Cross

Each week this Lent, the parish will offer Reconciliation and Stations of the Cross. In keeping with the Lenten focus on almsgiving, please consider bringing the suggested donations when you attend.

Reconciliation will begin at 6:30pm, and Stations at 7:00pm in Rosemont Chapel, unless otherwise noted.

Wednesday, March 18th: "The Way of the Cross for Those in Recovery," please consider bringing NEW socks for men, women, and children to be distributed by the Joy of Sox to those experiencing homelessness.

Wednesday, March 25th: Stations and Almsgiving, led by the Stewardship Council, please bring an open heart to learn about the parish Stewardship Grants and their connection to the path of Christ.

Wednesday, April 1st at 11:00am: "Praying the Stations of the Cross for Seniors," please consider bringing pantry items.

Religious Education Assistant

St. Thomas of Villanova Parish is seeking a part-time (15-18 hours per week) **Religious Education Assistant** to support our parish Religious Education Program in a welcoming, school-based environment. This role supports weekly classes, family communication, and program coordination, working closely with the Director of Religious Education.

This is a meaningful opportunity to support children, families, and catechists while contributing to the mission of the parish. Please see the website for the full job description at www.stvparish.net. Cover letter and resumes can be sent to bizmgr@stvparish.org, no calls please.

Respect Life Committee Lenten Service Opportunity

Baby Bottle Drive for Guiding Star Ministries. Last year, our Parish joined together and gifted Guiding Star Ministries with close to \$2000. We again have the opportunity to minister to this special home which provides both shelter and training to young pregnant women through birth and the first year of their child's life.

Baby bottles were passed out last weekend, and some may still be available for any contribution you are able to make.

They will be collected **March 28/29 (Palm Sunday)**. We thank you both for your generosity and prayers for Guiding Star Ministries and the women it serves.

TOILETRY SAMPLES NEEDED

This is just a reminder that your toiletry samples are always needed for the homeless.

Please drop off those miniature soaps, shampoo, conditioner, lotions, and other toiletries to the Parish Center, and we will make sure they are delivered to those in need. Thank you.

WELCOME VISITORS

Thank you for worshiping with us today. If you are visiting our beautiful church or chapel, please know you are most welcome! If you have questions or are interested in joining our parish community, please call the parish office at 610-525-4801 or register on our website at www.stvparish.net.

LENT

WALKING WITH CHRIST

Mon., Mar. 16th 12:05PM-RMCH	Lenten Weekday Patrick Gibbons
Tues., Mar. 17th 12:05PM-RMCH	Lenten Weekday; Saint Patrick John & Jessie Passero - Jessica R Conley
Wed., Mar. 18th 12:05PM-RMCH	Lenten Weekday; Saint Cyril of Jerusalem Dean & Dulcie Ewen - Donna Shovlin
Thurs., Mar. 19th 12:05PM-RMCH	SAINT JOSEPH, SPOUSE OF THE BLESSED VIRGIN MARY Deceased Members & Benefactors of O.S.A.
Fri., Mar. 20th 12:05PM-RMCH	Lenten Weekday Helen Brown - Richard Moretto
Sat., Mar. 21st 9:00AM-RMCH 4:30PM-RMCH	Lenten Weekday All Intentions in Prayer Request Book Edward Samulewicz - Nora Samulewicz
Sun., Mar. 22nd 7:30AM-VNCH 9:00AM-RMCH 10:30AM-VNCH	FIFTH SUNDAY OF LENT Eric Laudeman For the Living and Deceased Members of the Parish Dr. Gaetano Pastore - Lena Pastore



FEED MY STARVING CHILDREN

Our Mother of Good Counsel Parish will be hosting a Mobile Pack event for the Feed My Starving Children organization on Friday, March 27th and Saturday, March 28th. Feed My Starving Children is called to feed God's starving children, hungry in body and spirit. At this Mobile Pack event, we will be packing meals that will be distributed to various countries where hunger is prominent. **We are looking for volunteers – St. Thomas of Villanova parishioners are welcome! Anyone over age 5 can volunteer, making this a great opportunity to sign up as an individual, family, group, or team.** To sign up for a shift, you can visit the Feed My Starving Children website at: <https://www.fmssc.org/get-involved/volunteer/> or contact Megan Carey at youth@stvparish.org or call her at 610-525-4801 ext. 220.

Schedule of Events for the week of: March 15, 2026 Recitation of the Rosary after the daily Liturgy.

40
+
days
of Lent

Monday, March 16, 2026	
Centering Prayer - RMCH	8:00AM
Rosemont Care Ministry	10:00AM
Red Cross Blood Drive - Harten Hall	2:00PM-7:00PM
Tuesday, March 17, 2026	
Scripture Reflection - PC1	10:00AM
Reconciliation after 12:05 Mass	
Blood Pressure Screening after 12:05 Mass	
Mansion at Rosemont Mass	2:00PM
St. Francis de Sales Tutors	2:00PM
Wednesday, March 18, 2026	
Exercise - Harten Hall	10:00AM
Religious Education Classes	4:45PM
Aquinas Tutors - Zoom	5:00PM
Reconciliation - RMCH	6:30PM
Stations of the Cross - RMCH	7:00PM
Family Support - Harten Hall	7:00PM
Thursday, March 19, 2026	
Men's Scripture Reflection - PC1	6:30AM
Walking with Purpose - Harten Hall	9:00AM
Handbell Practice - RMCH	7:15PM
Friday, March 20, 2026	
Saturday, March 21, 2026	
First Reconciliation for Holy Communion Students - RMCH	10:30AM
Anointing of the Sick Mass - RMCH	4:30PM
Sunday, March 22, 2026	
Religious Education Classes	10:10AM
Mansion at Rosemont Ministry	11:00AM



Fr. Michael's Weekly Scripture Class

Please join us as Fr. Michael will be continuing his series of weekly Scripture Classes on Tuesdays at 10:00am in PC1, Rosemont Parish Center. The classes will be based on the Scripture Readings from the following Sunday's Mass. Texts will be distributed for any new students for these hour-long sessions. The sessions are designed to enhance your Sunday Mass experience by reflecting on the readings prior to Sunday. All are welcome, so consider bringing a friend.



Resting in Peace:

Fr. Edward Doherty, O.S.A.

Ms. Leonora Mamaluy

Mr. Patrick McCabe

Remember those in need of our prayers, especially:

Angelina Arcamone PHD, Nicola Bonelli, Katherine Breck, Brynn Busby, Peter Cellucci, Kelly Clarke, Jackie Colligan, Austin DePetris, Dorothy Dolan, Ella, John Joseph Flood, Jim Foley, Lina Fulton, Ian Gallagher, James Gibbons, Jr., Mary Jane Girondi, Patricia Ann Harley, Bridget Kelly, Sara Keohane, Tom Kosinski, Ashley Lythgoe, Pamela LaMonaca, Jubilee Elizabeth Meadows, Mary Moran, Denise Paviglianiti, Bruno Petrillo, Bill Riley, Shirley Sagan, Michael Salucci, Michael Schwartz, Millie Seeds, Theresa Sherwin, Terry Sousa, Lou Villa, Greta Wagner, Ron Weber and Robert J. Wahl

Please pray for our soldiers stationed throughout the world. Please also pray for the soldiers who are returning from their assignments, especially the wounded.



FEEDING DREAMS IN TIMOR-LESTE

In Guatemala, nutrition classes and savings programs give mothers and families better opportunities to improve their health, nutrition and financial well-being. Visit crsricebowl.org/week-3 to read how your support of CRS Rice Bowl is helping the Guatemala community thrive.

If you wish to donate to the CRS Rice Bowl, please remit a check made out to St. Thomas of Villanova Church with a notation indicating that this is intended for CRS Rice Bowl.

You can drop off your donation in our weekly collection basket at the Villanova Church or the Rosemont Chapel. You can also mail or drop off your donation at the Parish Center.

CHRISTIAN SERVICE

PRAYER LINE

The parish prayer line is waiting for your prayer requests. Please contact stvprayerline1@gmail.com or Marie DellaGreca at 856-981-7761 to activate the parish prayer line. We have parish teams available for your special intentions.

DINNERS TO THE DOORSTEP

This ministry is for parish families who are in crisis or for parish couples welcoming a new baby. Home-made dinners are delivered. Two parish coordinators keep a list of volunteers who are called as needed. If you are in need of this delicious community support, please contact Sarah Breck at 610-291-7205 or sarahbreck@verizon.net.

ST. FRANCIS INN

Volunteers are needed to serve the midday meal at the St. Francis Inn in Kensington. The Inn tries to meet the immediate daily needs of the poor and homeless people they serve with food, clothing and hospitality. This ministry is open to anyone 16 years or older. For more information and to sign up, contact our parish coordinator, Sheila Holst at 610-659-5828 or hagan1126@verizon.net.

MOTHER AND NEW FAMILY SUPPORT MINISTRY

Parishioner and nurse practitioner volunteer offers support to new moms and their families who are navigating the complexities of motherhood and the addition of a new baby to the family.

Contact Suzanne Foley at 610-952-0147 or suzannefoley@yahoo.com or Renee Massaua at service@stvparish.org.

CATHOLIC RELIEF SERVICES

"War is back in vogue and a zeal for war is spreading. The principle established after the Second World War, which prohibited nations from using force to violate the borders of others, has been completely undermined. Peace is no longer sought as a gift and a desirable good in itself, or in the pursuit of "the establishment of the ordered universe willed by God, with a more perfect form of justice among men and women." [4] Instead, peace is sought through weapons as a condition for asserting one's own dominion. This gravely threatens the rule of law, which is the foundation of all peaceful civil coexistence." ~ Pope Leo XIV

Instability continues around the world. With partners, Catholic Relief Services has reached 3.6 million people across 10 countries. Because of you, hope endures. Please visit www.crs.org for more information and to see how you can help.

**St. Thomas of Villanova
Women's Speaker Series
Presents TV Journalist**

Tracy Davidson

Embracing Your Spiritual Core in a Noise World,
Featuring 15-time Emmy Award-winning TV Journalist



**Sunday - April 26 at 1:30PM
In Harten Hall**

Mark your calendar for a meaningful afternoon of faith, reflection, and renewal.

Tracy Davidson, former NBC 10 anchor and now full-time speaker, will share her deeply personal and unexpected faith journey and how seasons of uncertainty, loss and change led her to rediscover resilience, trust and a deeper spiritual foundation.

Through honest storytelling and practical wisdom, Tracy will explore how to quiet the noise of everyday life, strengthen your spiritual core and find peace even when circumstances feel unpredictable.

Come ready to be encouraged, connected and reminded that God often meets us in the most unexpected places.

Light lunch will be served. **RSVP to office@stvparish.org.**



***Bereavement Support
Group at OMGC***

Hosted by Fr. John Deary, O.S.A.

Thursday: 6:30pm

March 19, 2026

April 9, 2026

***Location: Our Mother of Good Counsel
Social Center***

All are welcome who are suffering the effects of bereavement and may benefit from some support from others in the same situation. The bi-monthly meetings are safe, friendly, welcoming and confidential.

CATHOLIC CHARITIES APPEAL

Giving Hope 2026

Please Give Generously!

Calling All Men!

Looking for a place to grow in faith and fellowship with other men?

Join Us for a Weekly Men's Gospel Reflection

We meet every Thursday from 6:30am to 7:30am to dive into Scripture, share reflections and support one another in living out our faith. Whether you're new to Bible study or a seasoned reader, you'll find a welcoming community here. All our meetings are at: Saint Thomas of Villanova Rosemont Parish Center.

For questions or more information please contact Kraig Null at stv.mensgathering@gmail.com.

The coffee is ready at 6:30am and we finish faithfully at 7:30am.

Butterfly Blessings



Saint Thomas of Villanova Parish is looking for volunteers who can knit, crochet, sew or do needlework to make handmade baby items for babies facing challenges in our local hospitals.



Ideas include baby caps, blankets, sweaters, booties, bibs, anything you can create!



Each item will be tagged with this blessing:

*"May you be blessed with the ability of a butterfly to grow gracefully.
May your beauty radiate like the colors of a butterfly lighting up the world.
May your love spread like the wings of a butterfly, gently touching souls."*



For more information contact the parish office at 610.525.4801



RED CROSS BLOOD DRIVE

MONDAY, MARCH 16, 2026
MONDAY, MAY 18, 2026
2:00PM to 7:00PM

**at St. Thomas of Villanova Parish Harten Hall
(Rosemont Auditorium)**

Please call 1-800-733-2767 or visit RedCrossBlood.org and Enter: StThomasRosemont to schedule an appointment.

Maximize your blood donation. Help more patients. If you are an eligible type O, B- or A- donor, consider making a Power Red donation. Red blood cells are the most commonly transfused blood component.

Streamline your donation experience and save up to 15 minutes by visiting RedCrossBlood.org/RapidPass to complete your pre-donation reading and health history questions on the day of your appointment.

Give blood. Help save lives.

**For questions about eligibility:
call 1 800-RED-CROSS**

ST. JOHN'S CASSEROLES

Want to help out a great nonprofit that serves hot meals to those in need?

St. John's Hospice is greatly in need of pre-cooked casseroles. Every day they provide over 350 lunchtime meals to homeless people in Philadelphia close to the Convention Center.

We are looking for volunteers who can make a casserole and bring it to our freezer located in the room outside the elevator in the lower level of the Rosemont Chapel. Casserole tins are available on the top of the freezers. Any home cooked casseroles must have a protein, i.e., meat and/or beans.

Please label and **date** your casserole with masking tape. If you have any questions, or need recipes for the casseroles, please contact Renee Massaua at service@stvparish.org.

Readings for the Week:

Monday: Is 65:17-21; Jn 4:43-54
Tuesday: Ez 47:1-9, 12; Jn 5:1-16
Wednesday: Is 49:8-15; Jn 5:17-30
Thursday: 2 Sm 7:4-5a, 12:14a, 16;
Rom 4:13, 16-18, 22;
Mt 1:16, 18-21, 24a;
or Lk 2:41-51a
Friday: Wis 2:1a, 12-22;
Jn 7:1-2, 10, 25-30
Saturday: Jer 11:18-20; Jn 7:40-53
Sunday: Ez 37:12-14; Rom 8:8-11;
Jn 11:1-45 or 11:3-7, 17,
20-27, 33b-45



The History of the Augustinian Order Webinar Series Began February 11

Please join the Lay Augustinians for a four-part series about the history of the Order of St. Augustine. It will focus on the development of Augustinianism from the death of St. Augustine in the fifth century to approximately the close of the fifteenth century, when the Order reached the height of its theological, intellectual, and cultural influence. Rather than treating the Order as a static institution, the series will emphasize a continuous historical narrative, tracing how Augustinian ideals were received, adapted, and institutionalized across changing social, political, and ecclesial contexts. Particular attention will be given to the antecedents inherited from late antiquity, the gradual formation of Augustinian life as a mendicant order, the conditions that allowed Augustinianism to flourish, and a series of sentinel events and foundational documents that have come to serve as touchstones for the Order's identity.

The webinars will continue on April 8, and May 13 at 7:00pm. You can see all of the events and register at augustinian.org/events/ or by scanning the QR code.



WHAT DOES GOD WANT YOU TO DO WITH THE LIFE GOD'S GIVEN YOU?

"We need to lift our eyes, to look upwards, to the things that are above (Col 3:2), to realize that everything in the world has meaning only insofar as it serves to unite us to God and to our brothers and sisters in charity." Pope Leo XIV

If you are interested in learning more about the Order of St. Augustine and what it means to be an Augustinian, please visit our website: www.beafriar.org



The Easter Bunny is hopping back to St. Thomas and it is time for our **Annual Easter Egg Hunt!** **Sunday, March 29th, after the 9:00am Mass in the Rosemont Chapel.**

We will begin in Austin Park (weather permitting) to hunt for eggs and return to Harten Hall for refreshments, crafts and prizes!

Please RSVP to Kathy at office@stvparish.org.

If you are interested in helping with this event, please contact Peggy: fl-youth@stvparish.org.

All are Welcome!



STEWARDSHIP SUMMER CAMP 2026

This year the camp will be held from Monday, June 22 to Friday, June 26, 2026, from 9:30am-2:00pm. The cost is \$225.00.

We can't wait to see you this summer! To register, please email Megan Carey at youth@stvparish.org.



**F.L.A.M.E., a Ministry for Catholics
in their 40s & 50s, Presents:**



Anti-Catholic Myths

*Have You Heard
The One About...?*



*With Guest Speaker
Father Stephen DeLacy*

When you have been around for 2,000 years like the Catholic Church, there are bound to be some crazy rumors about you. Some are ancient, re-warmed from age to age by the Church's enemies; others are modern, kept afloat by the mounting ignorance of an increasingly secular society. Father Stephen DeLacy will look at some of the most persistent of these myths - both historical and theological, serious and silly - that continue to be voiced to our day, and equip you to defend the Church from the lies.

**Monday, March 16, 2026
6:30 - 8:00 PM**

Saint Margaret of Antioch Church
208 North Narberth Avenue
Narberth, PA 19072

Please scan the QR code to sign up.
Send your questions to
KindledFlame@yahoo.com

A \$10 freewill donation is greatly appreciated. Thank You!

St. Thomas of Villanova hosts a

FAMILY SUPPORT GROUP
every Wednesday Evening at 7:00pm
in Harten Hall (Rosemont Auditorium).

Family Groups are designed to meet the needs of those with loved ones who are currently in treatment, are using alcohol and/or drugs in a problematic manner or are in recovery.

Our mission is to help ourselves and in turn help others whose loved ones are struggling with addiction.

The purpose of these groups is to provide family members a confidential, safe place to find support, education, encouragement and hope on their own path to Recovery for Life.

Those 18 years and older are welcome.

AGELESS EXERCISE AT ST. THOMAS

Ageless Exercise, Inc., presents a unique Exercise program for the young at heart consisting of range of motion, strength training, weight bearing exercises and balance challenges -- all done to upbeat, fun music! Therapy bands, hands free weights, and balls are used for strengthening and stretching muscles and for attaining range of motion movement. Weight bearing exercises to strengthen bones and the skeletal structure as well as aerobic endurance are included in the weekly class.

The class is led by a Certified American Council on Exercise (ACE) Instructor. Come join us and learn about your body, have fun, and strengthen your muscles and bones.

Where: St. Thomas of Villanova
Rosemont Auditorium

When: Every Wednesday from 10:00-11:00am,

Cost: \$6.00 for each class -- checks made payable to **Ageless Exercise, Inc.**