

**AN EVENING OF
REFLECTION FOR
WOMEN OF ALL AGES**

ST THOMAS OF VILLANOVA & OMGC



**HOSTED BY
PEGGY SCHUMANN
&
KAREN CAREY**

RSVP TO

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OR

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THE CUP OF OUR LIFE

**MONDAY, 7:00 PM
SEPTEMBER TO
28, 2026 8:00 PM**

OMGC PARISH CENTER AT OMGC IN BRYN MAWR

Do you ever feel like your life is busy and cluttered? Is it hard to make room for yourself and your relationship with God amid the lists and schedules?

Come and join us for an hour to pray, reflect, share and be in community with other women. The theme of our evening will be "The Cluttered Cup", based on the book The Cup of Our Life, by Sr. Joyce Rupp. We will use the symbol of a mug to reflect on the things that fill our cups—our worries, responsibilities, distractions, and hopes—and consider what we might gently release to make more space for God.