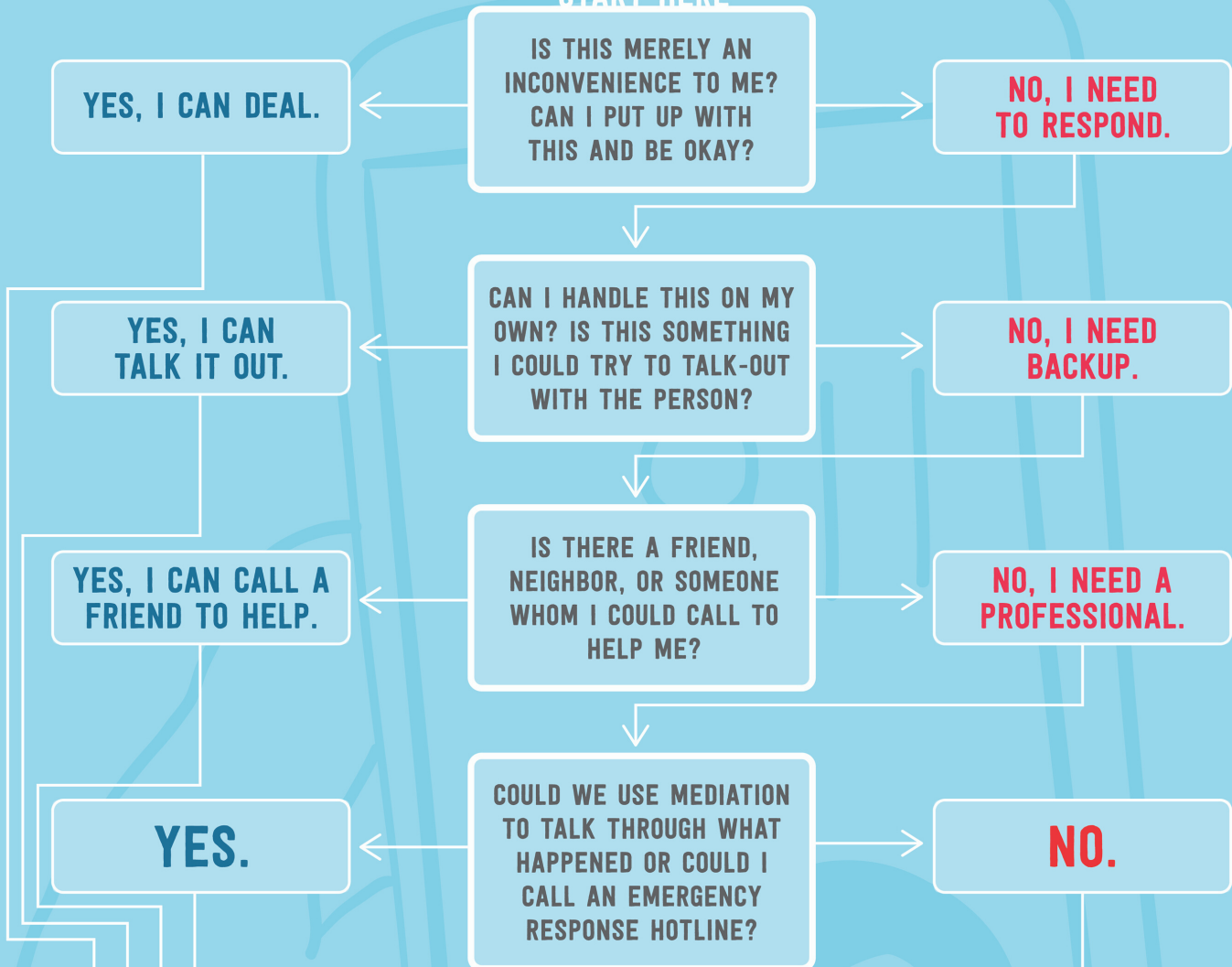


STEPS TO ASK YOURSELF BEFORE CALLING THE POLICE

START HERE



PROFESSIONAL RESOURCES

MENTAL HEALTH CRISIS

MHA of Essex & Morris Info Line
973-509-9777

SEXUAL ASSAULT AND RAPE

SAVE of Essex County
877-733-2273 *Mandated reporter for minors

MEALS

Toni's Kitchen
973-932-0768

SUBSTANCE USE TREATMENT

Real House Inc.
973-746-0487

DOMESTIC VIOLENCE

S.O.F.I.A.
862-251-6791

HOMELESS YOUTH

Covenant House
973-744-8175

MY COMMUNITY
AND I HANDLED
THIS SITUATION!

IF I CALL THE POLICE, DO I
UNDERSTAND HOW INVOLVING THE
POLICE COULD IMPACT ME AND THE
OTHER PERSON?

[BIT.LY/SAFETYBEYONDPOLICE](https://bit.ly/safetybeyondpolice)

FOR MORE INFORMATION
[BIT.LY/SAFETYBEYONDPOLICE](https://bit.ly/safetybeyondpolice)