SPIRITT FAMILY CENTERS
Improving Quality of Lives Since 1972



The Heart of the Community

TALLER DE BIENESTAR

Zumba

Gratis

Únete a nosotros para tener la oportunidad de fortalecer tu conexión social y emocional mediante el movimiento





Fecha: Sabados
Noviembre 1,8,15,22
Horario: 9:00am-11:00am
Lugar: SPIRITT Family Center
2000 Tyler Ave
South El Monte C.A. 91733

Gratis

Llame
a Edna Barajas al
562-360-4485
o a
Abril Canchola al
562-332-0758
para registrarse



PREVENTION & AFTERCARE

No Habra cuidado de Niños

Funded by the LA County Department of Children and Family Services 855.714.8800 |info@spiritt.org|
SPIRITT.ORG

SPIRITT FAMILY CENTERS
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The Heart of the Community

WELLNESS WORKSHOP



Zumba

Free

Join us for an opportunity to strengthen your social and emotional connection by moving





Date : Saturday's
November 1,8,15,22
Time : 9:00am-11:00am
Location: SPIRITT Family Center
2000 Tyler Ave
South El Monte C.A. 91733

Free

Call
Edna Barajas at
562-360-4485
or
April Canchola at
562-332-0758
to register



PREVENTION & AFTERCARE

No Child Care Provided

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