

SMITHVILLE SENIOR CENTER (SSC)

816-343-2073

MENU SEPTEMBER, 2023

Monday

Wednesday

Friday

MEALS
BY
PRICE CHOPPER

FALL PREVENTION BINGO
SPONSORED BY
CLAY COUNTY SENIOR
SERVICES
FRIDAY,
SEPTEMBER 29th

4
CLOSED
FOR
LABOR DAY

6
BBQ Pork w/bun
Green Beans
Peaches
Chips

1
Chicken Tenders
Mashed Potatoes/white
gravy
Corn
Roll

11 Ham/Cheese Croissant
Coleslaw
Peaches

Cookies by Oak Point

13 Fish w/tartar sauce
Macaroni & Cheese
Coleslaw
Fruit Cocktail
Roll

15.
USA Senior Healthcare
Solutions Fun & Games Day
Games and Activities 9 - 12
Lunch provided at noon

18 Fried Chicken
Mashed Potatoes/
White gravy
Carrots
Roll

Birthday Cake by Terrace
Park

20 BBQ Meatballs
Baked Potato
Sour Cream/Cheese
Mixed Vegetables
Roll

22 COOKOUT
Hamburgers, Hot Dogs,
Brats
Potato Salad
Baked Beans

25 DOMINO'S Pizza
Salad
Fruit
Cookie

27 Deli Pork Tenderloin
Mashed Potatoes/
White gravy
Mixed Vegetables
Roll

29 Taco Salad
Meat/beans/cheese/onions
Diced tomatoes/lettuce/
Salsa
Tortilla Chips

Cookies by Right at Home

