

SMITHVILLE SENIOR CENTER (SSC) (816-343-2073)

NOVEMBER 2023 MENU

| Monday | Wednesday | Friday |
|--|---|---|
| | 1 Chili Bar with add-ins (rice, spaghetti, onion, cheese, crackers, fritos) Vegetable tray Dessert by Kristine | 3 Fish, Tartar Sauce Macaroni & Cheese Coleslaw Roll |
| 6 Meatloaf Tater Tots Green Beans Dessert-3 Rivers Hospice | 8 Baked Chicken Mashed Potatoes & White Gravy Corn Dessert by Kristine | 10 Ham and Beans Cornbread Salad Peaches |
| 13 Beef Stew Garlic Texas Toast Watergate Salad Cookies by Oak Point | 15 Chicken Tenders Baked Potato Mixed Vegetables Dessert by Kristine 10:30 Fraud and scams | 17 Philly Cheesesteak Sandwich Potato Salad Potato Chips Pudding |
| 20 BBQ Pork w/Bun French Fries Pears Birthday Cake-Terrace Park | 22 CLOSED FOR THANKSGIVING | 24 CLOSED FOR THANKSGIVING |
| 27 Lasagna Salad Garlic Texas Toast Peaches | 29 Ham & Cheese Croissant Macaroni Salad Potato Chips Cookies-Right at Home | |