



Attention: All PHE/Kin Students

The Physical and Health Education and Kinesiology Students' Association (PHEKSA) exists to foster a positive and meaningful undergraduate experience for all PHE/Kin students. PHEKSA allocates a certain amount of money each year to be invested in worthwhile student experiences and initiatives. The following three grants are available to PHE/Kin students who have paid the PHEKSA Membership Fee.

1. PHEKSA Student Development Grant

- a. Applicant must be an undergraduate student in either PHE or Kin.
- b. The student may be developing athletic excellence, academic excellence, student leadership, the promotion of physical activity and health, or other areas of student development.
- c. A Letter of Intent submitted to PHEKSA shall address the student's activity/initiative and discuss how it relates to the following ideals of the PHE/Kin program:
 - *Teach, promote, research physical and mental health and social well-being.*

2. PHEKSA Random Request Grant

- a. Applicant must be an undergraduate student in either PHE or Kin.
- b. A letter of Intent submitted to PHEKSA will outline the event/initiatives/activities in need of financial support.
- c. The Random Request applicant can request any amount of funding for any purpose, with rationale and funding plan outlined in the Letter of Intent.

3. PHEKSA Career Fund

- a. Applicant must be an undergraduate student in either PHE or Kin.
- b. This grant is available to support career-related initiatives within the PHE and Kin programs.
- c. A letter of Intent submitted to PHEKSA will outline the initiative/activity in need of financial support that relates to the advancement of the applicant's career.

Terms of the funding:

- I. All applicants will be reviewed and voted upon by PHEKSA's Awards Subcommittee, and grants will be allocated based on the merit of each application.
- II. Equal allocation is not required, and the entire fund does not have to be awarded each year.
- III. No maximum or minimum number of grants shall be awarded.
- IV. Recipients of grants are required to submit a letter outlining how the money has helped them to achieve their goals by the end of the academic year. If this letter is not received by the deadline, the grant recipient **must fully reimburse PHEKSA** for the money they received.
- V. Students are eligible to apply for more than one of the three grants, but must submit separate letters of intent.

All Letters of Intent are to be emailed to vpua@pheksa.queensu.ca by 4pm on Sunday, November 1st 2020.

All applicants are invited to attend the PHEKSA Council meeting on Monday, November 2nd at 9:00pm on Zoom, to speak on behalf of their application.