



ITEMS FOR TU B'SHVAT SEDER:

Fruits/nuts with non-edible shells/skins - Action/Assiya: tree nuts with shells (almonds, walnuts, pecans, pistachios...); oranges, nectarines, bananas, melon, coconut, etc.

Fruits with edible outside, non-edible pits - Formation/Yetziira: dates, olives, apricots, cherries, plums, peaches, nectarines, etc...

Fruits that are fully edible - Creation/Beriyah: figs, grapes/raisins, berries, pears, apples, etc...

Non-material - Emanation/Atzilut: aromatic spices (havdalah set?); essential oils from trees

Wine: Sufficient white wine/grape juice for at least 2-1/2 "cups" (size of your choice) per person participating, and 1-1/2 "cups" of red wine/grape juice per person.

Have as many as you wish available, preferably more than one, from each category, as of 1/28/2021. Leave pits and skins/shells on where possible, so you can remove/discard them as part of the seder. Try to have at least one fruit you have not had for a while.

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