



CONGREGATION AGUDAT ACHIM

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As You Like It Catering: (518) 382-7671

Email: admin@agudatachim.org

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JOSHUA COOPER-GINSBURG
Executive Director

10 December 2020

Dear Friends,

COVID-19 and the economy are taking their toll on many of us. Following up on the rabbi and Jackie's Thanksgiving message, the synagogue Hessed Committee wants you to know that we are ready to help. We will be offering the following services, among others:

- | | | |
|--|--|--|
| <input type="checkbox"/> Friendly phone call | <input type="checkbox"/> Grocery delivery | <input type="checkbox"/> Computer advice |
| <input type="checkbox"/> Kosher meals | <input type="checkbox"/> Medicine delivery | <input type="checkbox"/> Clothing |
| <input type="checkbox"/> Library delivery | <input type="checkbox"/> Home supplies | <input type="checkbox"/> Other services |

Please check off which of these services you'd like to learn more about and return this letter in the enclosed envelope. Or give Josh or Chris a call in the synagogue office at 518-393-9211. If you would like to inquire about financial assistance, please contact the rabbi directly by email (rabbispitzer@agudatachim.org) or phone (518-348-9478). All communications will be treated in confidence.

We also want you to know that Jewish Family Services (JFS) provides a range of professional services (see attached flyer). Please contact JFS using the information from their flyer if you want to learn more about their services.

As our tradition says, *kol yisrael areivim ze la-ze*, we are all responsible for one another. No matter what, we're with you; we're here for you.

If you would like to join this initiative and volunteer, please let us know which of the services you'd like to help provide. Donations to support this initiative can also be made to the Rabbi's Discretionary Fund.

Name: _____ Phone Number: _____

Address: _____ Email: _____

Sincerely,

The CAA Hessed Committee

www.agudatachim.org

A Conservative Congregation and Educational Center Affiliated with the United Synagogue of
Conservative Judaism and the Jewish Theological Seminary of America



184 Washington Avenue Extension
Albany, NY 12203

518-482-8856 | info@jfsneny.org | jfsneny.org

SERVICES FOR ALL AGES

Counseling

Help with anxiety, isolation, parenting, bereavement, and more currently offered via telephone or video conference. Therapy sessions can be one-time, weekly, or periodic.

Outreach & Support

Assessment and care management, healthcare and paperwork navigation, and general support to aid clients with life challenges.

Virtual Groups

Weekly groups to discuss parenting, student stress, bereavement, senior support and more.

Gretta Hansing, LMSW, Intake Coordinator and Clinician
ghansing@jfsneny.org or 518-516-1118

Grocery Shopping & Delivery

Volunteer-based, personal food and essential shopping for older adults and families who cannot travel to the grocery store.

Free, Fresh Food

Produce, dairy, and dry goods for seniors and families in need, in partnership with the Shalom Food Pantry. Pick-up and delivery.

Lisa Gally, Director of Essential Services
lgally@jfsneny.org or 518-516-1107

Founded in 1854, Jewish Family Services has continuously provided a range of support, services, and resources to individuals, families, and seniors throughout the Greater Capital Region. Contact us for more information for yourself or someone you care for — and to support our work.

SERVICES FOR OLDER ADULTS

Kosher Home Delivered Meals

Nutritious meals (supervised by Vaad Hakashruth of the Capital District) for people over 60 who can no longer prepare their own meals. Deliveries to Albany, Schenectady, Rensselaer, and Saratoga Counties. *(Supported in part by Albany Cty. Dept. of Aging.)*

Private Transportation with Project 5

Rides for Jewish adults over 60 to essential appointments throughout the Capital Region.

Lisa Gally, Director of Essential Services
lgally@jfsneny.org or 518-516-1107

Aging In Place – Albany NNORC

(Neighborhood Naturally Occurring Retirement Community)

Helping adults age 60 and over maintain their quality of life and independence through case management, medical advocacy, and social and wellness programs. NNORC is a three-square mile neighborhood near St. Peter's Hospital.

Michelle Dannenhoffer-Cau, NNORC Director
nnorc@jfsneny.org or 518-514-2023

Senior Resource Network

Helping older adults and their families consider long-term care options; providing connections to professionals and aging-related resources; and offering home-modification suggestions and support.

Lynda Shrager, OTR, MSW, CAPS, Program Manager
lshrager@jfsneny.org or 518-516-1119

Occupational Therapy for Emotional Wellness

Support homebound individuals to reengage in meaningful activities and reclaim a zest for life.

Nanette Brenner, OTR, Program Manager
nbrenner@jfsneny.org or 518-516-1108

Chaplaincy Services

Providing Jewish pastoral care support for residents and staff at long-term care settings and coordinating related resources throughout the region.

Rabbi Bev Magidson, Community Chaplain
bmagidson@jewishfedny.org or 518-783-7800

Supported by
Jewish Federation
OF NORTHEASTERN NEW YORK



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