



# DOUGLAS COUNTY COVID-19 RESPONSE TEAM

JOINT INFORMATION CENTER PRESS RELEASE  
FOR IMMEDIATE RELEASE  
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## DOUGLAS COUNTY COVID-19 RESPONSE TEAM - DAILY LOCAL UPDATE

(Douglas County, Ore.) **KEEP CURRENT WITH YOUR COVID-19 NEWS!** As health experts from all over the world are working day-in and day-out to uncover all the facts about the COVID-19 virus, our local experts are making sure they are providing our Public Information Team with the most updated information to share with our residents. The COVID-19 virus remains a largely unknown, rapidly changing scientific research project, and experts have yet to be definitive about all the aspects of transmission, care and recovery. Your Douglas County Commissioners, Douglas Public Health Network and our Public Information Team has worked diligently to provide the most accurate information available in our daily joint information updates since they began on March 13. A lot has changed in the world over the past month. What we thought was accurate on March 13, no longer applies today. The Douglas County COVID-19 Response Team, under the direction of the Douglas County Board of Commissioners, wants to remind everyone that it is important to stay up-to-date on the latest information available on the pandemic. Make sure what you are reading and sharing is the most current information, and not advice or comments provided from past reports dated yesterday, March 11 or February 28. Please be in the know and share what is accurate.

### **Local COVID-19 Test Results**

As of 12:00 pm, April 14, 2020, there are three new cases of COVID-19 in Douglas County. The number of positive cases is now at twenty total in the county. \* Of the twenty, four have recovered. There have been zero deaths and 534 negative tests for COVID-19 in the county. Douglas Public Health Network continues their epidemiologic investigations, identifying individuals who may have had close contact with individuals that have tested positive for COVID-19 and advising quarantine. Four of the individuals who tested positive earlier have now recovered. DPHN defines recovery as an end to all symptoms after a positive test for COVID-19.

The next drive through COVID-19 clinic, led by DPHN was scheduled for today, Tuesday, April 14, in Roseburg. At this time, you can only get a COVID-19 test through your healthcare provider. Residents must be identified by their health care provider. Information has been given to providers and clinics about how to get their patients signed up for the drive-through testing clinics. If you want to be tested, you must talk to your health care provider. Tests are currently being processed at the Oregon State Public Health Lab and a growing number of commercial labs, like Quest and LabCorp. There are a few outpatient clinics in Douglas County offering testing at this time. Community health partners are working very hard to make testing available to a wider number of people.

The first drive thru testing site was piloted in the county on March 17, 2020, there have been 276 people tested so far in the drive through clinics. The drive through clinics are led by DPHN, in conjunction with partner agencies including; Douglas County COVID-19 Response Team, Douglas County Board of Commissioners, Douglas County Sheriff's Office, Douglas County Public Works, local volunteers and local health professionals.

### **Be A Hero, Stay Home If You Are Sick!**

One of the biggest issues that the medical community is facing today, is the lack of understanding from people who are sick, still showing possible symptoms of COVID-19, or that were recently tested for COVID-19, of how imperative it is to **stay home!** Staying home means; **No** trips to the grocery store; **No** going to work; **No** visits with family and friends and **No** running to get your mail at the post office. So, be a hero, stay home if you are sick. #StayHomeSaveLives

*"If you were sick enough to be tested for the COVID-19 virus or were advised to stay home by your health care provider, you should be staying home and away from everyone for at least three days past showing any signs of the symptoms of COVID-19,"* stated Dr. Bob Dannenhoffer, your Douglas County Public Health Officer.

### **Oregon COVID-19 Case Update**

Oregon Health Authority reports new cases once a day on its website at [www.healthoregon.org/coronavirus](http://www.healthoregon.org/coronavirus). The Oregon Health Authority is also releasing the daily situation status report, which is produced jointly with Oregon Office of Emergency Management. It details the overall picture of the COVID-19 outbreak within the state and the response across government agencies. [Read more here about the daily situation status report.](#)



### **Framework Announced for Reopening Oregon**

Oregon's Governor announced a five-component framework for reopening Oregon following statewide closures related to the COVID-19 pandemic today. Before Oregon can begin getting back to normal, the following five things need to happen, according to the governor:

- **Slow the growth** – The state needs to see a reduction in new COVID-19 cases in order to ensure there is not a resurgence.
- **Adequate PPE** – There should be a large enough supply of personal protective equipment (PPE) such as masks, gloves and gowns to meet the needs of medical personnel, and perhaps workers in other industries that involve close contact.
- **Increase testing capacity** – Ramped-up testing is needed in every region of the state to help identify where the virus is most present and stop it from spreading again. Testing will be increased through partnerships with county public health agencies and other local health officials.
- **Contact tracing** – A “robust” system for contact tracing needs to be in place so that health officials can know who COVID-19 patients may have had contact with.
- **Isolation and quarantine** – An effective quarantine system is necessary for people who test positive. The system should take into account the specific needs of especially vulnerable populations like nursing home residents and the homeless.

“It’s not going to be easy, and it will take longer than we want,” Brown said at a press conference on Tuesday morning. She did not offer an exact timeline, saying that depends on the virus itself and what the data show about its spread. Once the reopening begins, it will be gradual.

“As we prepare in the months ahead to get Oregon back to work, we must remember the importance of doing so in a smart and deliberate fashion that keeps us moving forward rather than sending us backward,” Brown said.

Dr. Dean Sidelinger, of the Oregon Health Authority, said new hospital admissions in Oregon have been staying relatively flat in recent days. “If precautions in place are continued through mid-May, we will see a flattening of that curve and slow decrease of that curve,” he said. State officials plan to meet with local leaders across the state and industry professionals in sectors that have been hit hard by COVID to develop the reopening plan. On Monday, Brown announced that Oregon would be part of a “Western States Pact” along with California and Washington. The three states will work together to coordinate their plans for reopening.

### **Check Out the Facebook Live Event This Wednesday on Stress Management for Families**

The Douglas County Take Root Parenting Connection is holding a Facebook Live chat this Wednesday evening on how families can navigate the emotions sparked by the coronavirus pandemic. The Facebook Live, titled, “Stress Management Facing COVID-19,” will be presented by Jason Wilcox, a licensed clinical social worker. It will take place on the Take Root Parenting Connections’ [Facebook page](#) on Wednesday from 5:30 to 6:00 pm. The organization is also holding a Spring Photo Contest, asking families to share photos showing what they are doing to relieve boredom in their households. “Share some pics of your little ones’ boredom busters!” the contest announcement states. People can enter the contest by posting a photo in the comment section of the post. The deadline for entries is April 27. The winner, who will be chosen by a random drawing, will receive a \$50 Amazon gift card. Take Root Parenting Connections’ Facebook page also contains tips and resources for children, parents and families on various topics including COVID-19.

### **Tips for Minimizing Risk with Video Conferencing**

On the first day of Oregon’s “Distance Learning for All” launch, a disturbing incident involving a hacked video call prompted Roseburg Public Schools to temporarily suspend video conferencing. The incident occurred Monday when someone hacked into a Zoom video call involving middle school students and displayed “graphic content.” The teacher leading the class discussion was unable to control the screen. The district stated that the teacher had followed safety protocols for online lessons. Wired Magazine wrote a [special article](#) with tips for making Zoom calls safe, since Zoom has become the default video chat platform for many during this “stay at home” time. Tips include the following:

- **Setting up a meeting** - Zoom calls are based on 9-digit meeting IDs. If that ID becomes public and is obtained by a troll or a hacker, that person can pop into your chat and cause disruptions. Some safeguards against this: 1) Be careful whom you share your ID with; 2) When you schedule a meeting, select the option to generate a random ID rather than use your personal ID; 3) Also choose the option to require a password for your meeting. Participants will need to know the password in order to join; 4) Use the “enable waiting room” option – this allows you to put people on hold when they join until you grant them specific permission to enter the chat.
- **Settings can be set as default** - The settings above can be set on a meeting-by-meeting basis or set as defaults by going to your Zoom “settings.”
- **Extra measures** - Additional Zoom options allow you to restrict screen sharing and “lock” a meeting once all of the participants have joined.

Video-conferencing alternatives to Zoom include FaceTime (for people with Apple devices), GoToMeeting, Webex from Cisco; Skype; Slack; Facebook Messenger; and Google Duo. Schools across the U.S. are facing similar safety and security issues as districts shift to online learning during COVID-19. Some cyber criminals are taking advantage of children’s increased online presence. The FBI offered tips for keeping your kids safe:

- Closely monitor children’s use of education technology and online services.
- Research Ed-tech service user agreements about data breach notifications, marketing and/or selling of user data, and whether parents can opt to have student data deleted by request.
- Google your kids to make sure their names and personal information haven’t been shared online. Consider credit or identity theft monitoring to ensure your child’s identity isn’t being used fraudulently.

- Monitor news about cyber breaches of school-related technology.
- When creating online profiles for your children, be vague: Use initials instead of full names, avoid exact dates of birth, avoid photos, etc.

Anyone who believes their child’s data may have been compromised should visit the [FBI’s Internet Crime Complaint Center](#).

**Daily Tips: Tuesday is Reach Out Day**

It’s important to maintain contact with your friends and family in this time of physical distancing. If it helps, make a list each morning of people you want to check in with that day. Then send those people a text, give them a call, or even mail them a good, old-fashioned letter - a cheerful piece of mail from you is certain to brighten your loved one’s day. There are also numerous video-chat apps such as FaceTime, GoToMeeting and Skype. It’s amazing how much a familiar face; voice or laugh can lift your spirits!

**Help Fill the Blood Donation Spots – Sign Up Today!**

**Yes, these are uncertain times, but leaving home to donate blood is considered a lifesaving and essential need.** Those who are healthy, feeling well and eligible to give blood or platelets, are urged to make an appointment to donate as soon as possible by using the Red Cross Blood Donor App, visiting [www.RedCrossBlood.org](http://www.RedCrossBlood.org) or calling (800) 733-2767. Donate your blood and save a life.

**Upcoming Local Red Cross Blood Drives:**

Thursday, April 16	1:00 pm – 6:00 pm	Elks Lodge #1943, 106 S Main Street, Myrtle Creek
Monday, April 20	1:00 pm – 6:00 pm	Redeemers Fellowship, 3031 West Harvard Avenue, in Roseburg
Monday, April 20	1:00 pm – 6:30 pm	RC Blood Donation Ctr, 1176 NW Garden Valley Blvd., Roseburg
Tuesday, April 21	9:00 am – 2:00 pm	YMCA of Douglas County, 1151 NW Stewart Parkway, in Roseburg
Wednesday, April 22	9:00 am – 2:00 pm	Holiday Inn Express, 375 West Harvard Avenue, in Roseburg
Tuesday, April 28	10:00 am – 3:30 pm	YMCA of Douglas County, 1151 NW Stewart Parkway, in Roseburg

Appointments are now required, in light of social-distancing guidelines. To make an appointment, visit [www.redcrossblood.org](http://www.redcrossblood.org). To save time during your donation, please complete your health history questions prior to the drive by visiting [www.redcrossblood.org/rapidpass](http://www.redcrossblood.org/rapidpass)

**Stay Informed with the Accurate Information**

Your Douglas County Board of Commissioners, Douglas County Public Health Officer, Dr. Robert Dannenhoffer and the Douglas County COVID-19 Response Team have been working hard to cooperatively provide accurate and timely information and a response to Douglas County residents. **If you have questions about resources available, call the COVID-19 hotline, staffed by local volunteers at (541) 464-6550.**

Stay up to date on COVID-19 in Douglas County on the DPHN website at [www.douglaspublichealthnetwork.org](http://www.douglaspublichealthnetwork.org). Find additional information on state, federal and international COVID-19 response from the following websites: [Oregon Health Authority](#), [Centers for Disease Control](#), [World Health Organization](#) and by calling or logging onto [211Info](#).

*\*Local case data includes all tests done in the county, and are not exclusive to DPHN testing. Further, reporting numbers are accurate as of time listed on this release. These numbers may not match other organizations, who report at different times of the day.*

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