

## POWERED BY NAAAPY®

The National African American Association for Parents and Youth (NAAAPY) empowers Black Parents, families, and Guardians to become educated, trained advocates for their children and students. We empower our families by offering them space to express their perspectives, insight, and knowledge and by being culturally responsive to their needs as they support their children and community.

## Training Guide

In order to ensure our parents are educated and empowered, NAAAPY has created a parenting guide that empowers parents to support students and educators in the successful education of their children.

## 10 Sessions

From establishing healthy relationships with students and schools to understanding parental rights and how to advocate for their children, the BEPOP'N parenting program meets the needs parents and schools and school districts have been grappling with for more than five decades. Schools that offer BEPOP'N prepare for healthy relationships with families, spoken of by Joyce Epstein and Gloria Ladson-Billings.

# BLACK FAMILY UNIVERSITY® Introductory Training Program 2024 - 25'



# Brilliant Education Principles Of Parenting<sup>©</sup>

## NAAAPY Training Guide | BE POP'N 2024 - 2025

### SESSION DESCRIPTIONS:

- 1. Introduction
- 2. The Relationship
- 3. Parent Rights
- 4. Empowered Parental Involvement
- 5. Goal Setting and Excellence
- 6. Practical Learning
- 7. Emotional Management
- 8. Out-Of-School Learning
- 9. Parenting Your Graduate
- 10. Resources and You

**Introduction:** Participants will be trained within ten session series on the Brilliant Education Principles of Parenting. The following are the topics for ten sessions: Introduction, The Relationship, Parent Rights, Empowered Parental Involvement, Goal Setting and Excellence, Practical Learning, Emotional Management, Out-Of -School Learning, Parenting Your Graduate, Resources and You. Parents will learn how this training is essential to their success as an informed parent. Three training sessions monthly will be provided per annum, starting January 2024.

**Session 2:** Participants will plan for success with the three essential aspects of parent engagement while connecting, engaging, and sustaining. Through understanding their relationship with the school, district, and parents parents will see the importants of being involved with thier child's school. Coupled with, parents will learn it's essential to learn about and record important school and family-related dates for your year. It is the critical step that shifts the planning to action and forming a pathway from paper to partnership with parents.

**Session 3:** Participants will learn their legal rights as a parent. Parents will recieve recommendations for addressing their legal rights in school. We hope that children never face the challenges of being suspended or expelled from school. But if it happens, you must be as proactive as possible and defend the rights of you and your child, even if your child made a mistake.

**Session 4:** Participants will learn about recommendations for addressing their legal rights in school. We hope that children never face the challenges of being suspended or expelled from school. But if it happens, you must be as proactive as possible and defend the rights of you and your child, even if your child made a mistake.

**Session 5:** Participants will discuss the first two months of the school year. The first few months of school could be the most critical months of the school year. Suggestions and worksheets will be shared to assist with setting goals, make plans, meet with teachers and learn more about their child's courses.

**Session 6:** Participants will be introduced to Weekly Reviews. As soon as school begins, it's essential to do a weekly or even daily review of how your children are doing and what type of support they need from you and their teachers. The following worksheets are guides for weekly assessments, Letter from A Parent, Build Habits for Success, Weekly Assignments, Weekly Grade Check Up, Weekly Self-Assessment, and Quarter Grades.

**Session 7:** Participants will address Self-care and Emotional Stress. Life can become very stressful between work, school, and raising children, and that's why we must be very intentional about taking care of ourselves. Helpful tips will be provided for self-care and dealing with emotional stress.

**Session 8:** Participants are encouraged to get as much information as they can about graduation requirements from their child's academic counselor and information posted on the district or school website. Graduation requirements vary from state to state, and from school district to school district.

### **Session 9:**

Every parent is a life long learner and must acknowledge that education takes place at home, in school and in the community. Understanding the education is on going is a powerful tool that will be shared as the parents participate in a meaningful field trip in the district.

**Session 10:** Participants will review helpful resources that we think are useful to parents and guardians. The resources are far from exhaustive and we find them helpful as parents navigate through the school system.

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### **Cost**

The complete training guide costs \$24,999. Schools and District staff can use Title I Funding, LCCF Grants, CoS, BSAP, Community Foundation Funding, and grants for this program.

\*The minimum attendance for any singular workshop is 10 attendees, with a maximum of 30.

\*Travel Expenses and overnight stay for schools and districts outside of Los Angeles will be added.

### **Example Budget for 30 Parents**

Single Workshop : \$3,000

+ Meal Plan : \$2,000

+ Materials : \$1,500

Total: \$6,500

To book please contact Yolande Beckles, Principal Trainer, at [yo@thebfu.com](mailto:yo@thebfu.com)

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in Partnership with NAAAPY

**NAAAPY**

The National Association of African American Parents & Youth

