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Bismillah Er-Rachman, Er-Raheem.

Tuning our hearts to all life is the evolutionary call humanity needs to hear in these times of change. White folks need to hear the cry of "*I can't breathe*" from our black brothers and sisters, and respond with caring action. We all need to listen to each other, especially to those that may seem different from us, and respond with caring action.

All humans need to hear the cry of endangered species begging for survival, and respond with caring action.

The era of watching out for ourselves alone, me, me, me, our own family, our own tribe, America First, our own species is leading to disaster. We are all in this together. We are one together, together one. Only through comprehensive compassion, the recognition that all life springs from one source, and needs protection, can we all survive. Only through the realization of our interdependence with all life will humanity survive.

In the words of the prayer Khatum, "*Raise us above the distinctions and differences which divide.*" This is the path forward, hearing and feeling life through each other, in all of our glorious variety and diversity.

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