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ENGAGED SUFISM *

The message brought by the Prophets is one of engaged spirituality. This aspect is in the very heart of our path as without engagement with the world the path is incomplete. Our Silsila is about recognizing Divinity through Humanity. Rumi said that when we join hands they reach towards the heavens.

Engagement starts inside each one of us. We must get to witness the oppression that dwells in ourselves. Adam said “I have oppressed myself by lack of awareness. The spiritual path requires action, action requires awareness, awareness requires presence, presence requires self-knowledge. Every step forward in engagement includes a step in.

The path of service brings nourishment to the soul. We need to give ourselves into that service at whatever level is at hand to us in our own communities. Our engagement is not only about opposing to what we consider wrong or unfair. It is about proposing and manifesting the alternative and thus making a real difference in the world. Before going so fast into judgment or our world, we can explore asking the question “what is it that wants to manifest from the One in this unripe way?”

The Absolute includes everything, it is in us and we are contained inside the womb of the Earth. We are in transit toward returning to the Absolute meanwhile being trained in duality. There is no essential contradiction between contemplating perfection and fighting injustice. It is indeed a great opportunity to see Unity beyond apparent duality.

A Sufi, a real universal Sufi, aspires to awakening and transcends limitation of time and space. Our role is to embody the Divine attributes in our relations meanwhile attuning ourselves with the cosmic truth. Our quality of engagement comes precisely from our attunement with Oneness. We are people of the middle path. We stand in front of tyranny with great indignation but inwardly we keep smiling because we trust the Divine Plan and we recognize its action. We have an additional perspective that goes beyond the material plane. For us, death is a celebration so we keep our balance and don't allow nothing and no one to take us away from our path of beauty.

A big awakening is coming, we just have to be patience and keep walking our path. In the middle of all this turmoil it is helpful to remember that we can always put our head into the ground in full prostration, so our head is lower than our heart. In there, connect with our dear mother earth, breath rhythmically again and again, while letting go of habits, patterns and conditionings. Like that we keep our chances high to become those vessels for the big awakening and embody the cosmic truth and justice.

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* This is an excerpt from the article “On Engaged Sufism” - [read the article in full](#)