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Toward the End of Racism: To See in 2020

Last evening (June 19th) from 7:00 to 8:00 pm I participated in an event called Prayers on Troost. In Kansas City, Troost Avenue is considered the historic dividing line between the white and black community. From where I stood, looking up and down the block I could see over a hundred people. There were at least as many white people as people of color standing quietly and happily. Some were praying and many were talking together. Many cars passed during the hour and there was much honking and waving with what I interpreted as expressions of "thank you" for recognizing the injustice we live with all the time.

I was deeply moved by this expression of empathy, of solidarity, of simple togetherness by myself and others. I hope this understanding that we are one lasts beyond today. I hope there is a significant healing of the division that has lasted for hundreds of years. I hope people realize that the "goal" is not an end, a noun, but instead an expression of a verb, a way of being in a continuous recognition that we have been, are, and always will be one people. There are no "ends" in life because life is a flow through time and can shift with our moods and beliefs. We need a deeper recognition so that we don't allow our beliefs to error from this more enduring perception of oneness. Our "opinions" are constantly played by with those with selfish desires to divide us into competing groups instead of the family that we are.

I believe we are prone to error in thinking that there are nouns or goals which, when once achieved, we can rest. Instead, existence or life is a constant and changeable flow. There are no real rests. We only get tired and wish there were. Living with this recognition of flow makes life more exciting and dynamic. Rest is also part of the flow. When rest is done well, it is as dynamic and healing as the flow. That's what makes music work. The peace in the rests may be where the real power lies. So, rest deeply "grasshopper" Marty, for you are bringing in power for your next expenditure of energy. On it goes in wonder and joy. Deep, deep gratitude is part of the download of power. Amazing!!!