



OAK HILL ACADEMY PARENT EDUCATION SERIES
PRESENTS:

DR. JULIA CARTWRIGHT

**UT SOUTHWESTERN CENTER FOR AUTISM AND
DEVELOPMENTAL DISABILITIES**

THE TRUTH ABOUT SCREENS

Research-based Information and
Advice for Managing Screen Time

**TUESDAY, MARCH 10, 2020
6-7:30PM**

**OAK HILL ACADEMY
9407 MIDWAY ROAD**

**THIS EVENT IS FREE, BUT YOU MUST REGISTER
TO ATTEND!**

**RSVP TO
KJAMES@OAKHILLACADEMY.ORG**

ABOUT OUR SPEAKER

DR. JULIA CARTWRIGHT

Dr. Julia Cartwright, a psychologist at the Center for Autism and Developmental Disabilities, will be speaking to parents about electronic media use. The presentation will include a summary of research-based understanding of the impact of screens, why children with developmental differences are especially impacted by them, and a discussion of what parents can do about it.

Dr. Cartwright completed her Ph.D. in Clinical Psychology at The University of Texas Southwestern Medical Center. Dr. Cartwright also completed her predoctoral internship at UT Southwestern, which included a rotation at Children's Health in the inpatient psychiatric unit. She then completed a postdoctoral fellowship in the Child and Adolescent Outpatient clinic at the Stanford University School of Medicine in Palo Alto, California. She joined the faculty of UT Southwestern as a licensed psychologist in the Department of Psychiatry in the Center for Autism and Developmental Disabilities in 2019. Dr. Cartwright's clinical services focus on evaluation of autism spectrum disorder (ASD) and treatment of challenging behaviors and anxiety in children and adolescents with ASD or related disabilities. She works often with parents and families in order to support understanding and intervention at home.
