



IS ANYONE IN
YOUR FAMILY
ADDICTED TO
SCREENS?

ARE VIDEO
GAMES REALLY
THAT BAD FOR
MY CHILD?

IF I TAKE THEM
AWAY, HOW
WILL I HANDLE A
MELTDOWN?

JOIN US TO LEARN STRATEGIES TO HELP MANAGE CHILDREN'S SCREEN TIME!

**SPEAKER DR. JULIA
CARTWRIGHT
TUESDAY, MARCH 10, 2020
6-7PM
OAK HILL ACADEMY GYM**

Dr. Julia Cartwright, a psychologist at the Center for Autism and Developmental Disabilities, will be speaking to parents about electronic media use. The presentation will include a summary of research-based understanding of the impact of screens, why children with developmental differences are especially impacted by them, and a discussion of what parents can do about it. Dr. Cartwright is on the faculty of UT Southwestern as a licensed psychologist in the Department of Psychiatry in the Center for Autism and Developmental Disabilities. Dr. Cartwright's clinical services focus on evaluation of autism spectrum disorder (ASD) and treatment of challenging behaviors and anxiety in children and adolescents with ASD or related disabilities. She works often with parents and families in order to support understanding and intervention at home.