

APRIL 19, 2026 | Traditions 9am | Pastor Chris Kneen

Easter

IN OUR BODIES: STOMACH

Join us for a thoughtful, embodied journey through Eastertide.



We are a Christian community of faith, seeking to provide nourishment for the hungers of life. We welcome all people, inclusive of race, ethnic background, gender identity, sexual orientation, capability, and circumstances of life. Welcome to White Bear Lake United Methodist Church!

PRELUDE "Jesu, Joy of Man's Desiring," by J.S. Bach

WELCOME & ANNOUNCEMENTS

PASSING OF THE PEACE

CALL TO WORSHIP "The Heavens are Telling," from *The Creation*, by Joseph Haydn

OPENING WORDS

Risen Lord, on this second Sunday after Easter, we gather in the light of Your victory over death.

Fill this place with Your presence and our hearts with renewed hope.

As we worship, quiet our fears, strengthen our faith, and open us to the power of Your resurrection life.

Meet us here, O God, and draw us closer to You.

OPENING HYMN "Jesus Tempted in the Desert" | No. 2105, v. 1, 2, 4

UNISON PRAYER

God, we admit we don't always handle temptation well.

When life feels empty, we try to fill it ourselves instead of trusting You.

When we're given the chance to take the easy way out, we often choose comfort over what's right.

We've listened to the wrong voices. We've fed habits and desires that pull us away from You.

Help us to trust You more. Give us strength to say no to what harms us and yes to what honors You.

CHILDREN'S MESSAGE Children may now leave for Sunday School; nursery is available for birth through age 3.

ANTHEM "Take Me to the Water", spiritual, arr. J.S. Bach

PASTORAL PRAYER

AFFIRMATION OF FAITH

OFFERING "Change My Heart O God," by Mark Hayes
Text to Give: WBLUMC to 73256

SCRIPTURE Matthew 4:1-11 | Reader: Sue Halena

MESSAGE Easter In Our Bodies: Stomach | Pastor Chris Kneen

COMMUNION For those who desire gluten free bread and/or individual servings of juice, go to the eucharist station on the communion table.

COMMUNION MUSIC "Let All Things Now Living," | No. 2008

CLOSING HYMN "God is Here," | No. 660, v. 1, 4

BENEDICTION

POSTLUDE "Fugue in G minor," by J.S. Bach

Hearing assist devices are available for your convenience at the sound booth located at the back of the sanctuary.

See an usher for a large print hymnal.



WHITE BEAR LAKE UNITED METHODIST CHURCH

Nourishing the Hungers of Life

Sunday, April 19 | 9am Traditions
HAPPENINGS AT WBLUMC

Welcome New Visitors: First-time visitors are invited to stop by the Welcome Table in the narthex for a gift of freshly baked bread. If the basket is empty, ask a pastor and they'll be happy to assist.

New Member Class: We would love you to join us as members of WBLUMC! Please join us in room 200 on **Sun., Apr. 26, from 12:00pm to 2:30pm** where our pastors will be leading the session. Lunch will be provided for you. To sign-up, click on the register here button within the calendar event at <https://wblumc.org/viewcalendar>. Feel free to reach out to Pastor Christine christine.ford@wblumc.org if you have any questions. We look forward to welcoming you!

Understanding Christianity through the Lens of World Views: WBLUMC member and retired pastor James Roe will share his path to discovering the importance of world views, and explain the evolution of world views, based on the work of the late Walter Wink. Jim will present an overview at **6:30pm, Thur., Apr. 23**, in Fellowship Hall, followed by a series of workshops listed below. Light refreshments will be provided by Adult Faith Formation Committee.

World Views Workshops • Sundays • 4:00pm-5:15pm • Rm 200
April 26: Ancient & Spiritualist World Views; May 3: Materialist World View; May 10: Theological World View; May 17: Integral World View. Please register to let us know you will be attending!

Green Team to Celebrate Earth Day: Join us by celebrating Earth Day (April 22) by participating in the following:

- Visit the information tables set up in the Narthex TODAY and Sun., Apr. 26!
- Attend the book study led by Pastor Christine on Tues., Apr. 28 at 6:30pm in rm 200.
- Take a tour of the Ramsey/Washington Recycling & Energy Center Thurs., May 7 at 2PM. Registration is required in realm or sign up in narthex (limit to 25).
- Join us for the BreadX: "Minnesota Climate: Past, Current & Future," on Thurs., May 14 at 6:00pm. Registration is required in realm or sign up in narthex.

For additional information on any of these events, subscribe to the eBlast, visit <http://wblumc.org/viewcalendar>, or contact Margie Grilley at margie.grilley@gmail.com.

Spring Cleanup: It's time once again to join the trustees to clean up the church gardens and grounds, add mulch to the gardens, and work on our new pollinator garden. Join us on one or both days May 2nd and 16th from 9am-noon. Bring your rakes and gloves to help us get the church grounds ready for spring and summer. Event contact: Curt Merkle cemerkle@hotmail.com

Adopt a Garden: Our church gardens are beautiful, thanks to the care and dedication of those who tend them—and both staff and congregants deeply appreciate these efforts. If you're interested in helping maintain a garden plot in the flower beds around the church, we'd love to have you join us. Please email Linda Anderson at lranderson@comcast.net, or 651-592-7452.

April Book Club: The title for April is "Atmosphere : A Love Story" by Taylor Jenkins Reid. We'll meet on **Mon., Apr. 27, 7-8:15pm**; meet in person in room 200 or via Zoom. Please Rick Flynn rmflynn1@comcast.net for the Zoom link. Everyone is welcome!

Church Library Book of the Month for April – "How to Be Perfect": Let's be honest - your church librarian does not recommend books on moral philosophy every day. But stay with me here. Michael Schur, creator of "The Good Place", delivers a funny, thought-provoking tour of 2,400 years of ethics and how to live well. It's so engaging it inspired a youth Sunday School unit on "Making Life Choices." The book will be on display in the church library all April—stop by and check it out!

Baking with a Purpose (BWAP): Join us in Fellowship Hall between services on **Sun. May 3** for our BWAP event featuring craisin walnut, and both a white and whole wheat sourdough. In partnership with Faith in Action, the proceeds from the sale will be put towards Century College Scholarships. All bread is offered on a first-come, first-served basis. We look forward to seeing you!

Good Mourning Concert: In collaboration with WBLUMC, vocalist and producer Jennifer Grimm returns with "Good Mourning," a powerful and reflective concert offering space for grief, healing, and remembrance through music. Join us **Mon., May 11 at 6:30pm** in the sanctuary as we gather with others carrying loss—recent or long-held—to reflect, remember, and be held in a shared experience of light and hope. For more information visit Jennifer's website <https://jennifergrimm.com/>.

Church conference: We're planning a Church Conference on **Sun., May 10, at 10am** in room 200 for new council member elections. All members are welcome.

Church Calendar: Stay up to date on elected and volunteer committee meetings, events, classes and more at <https://wblumc.org/viewcalendar>.

TODAY'S MUSICIANS & PRODUCTION TEAM

Doug Nelson, piano; Chancel Choir;
Kirk Holslin, sound technician; Tammy Busch, PowerPoint

ALTAR FLOWERS

Today's altar flowers are from David and Dawn Kittleson
in loving memory of Marilyn Kittleson.