Mindful of Our Impact on People and Planet

This Week's Reflection – Fair Trade and Ethically Sourced

Each week leading up to the International Day Against Human Trafficking (Feb 8), the CP Shalom Human Trafficking Committee is sharing a simple reflection resource for your consideration. *This week the focus is on fair trade and ethically sourced products.*

Mindfully choosing fair trade and ethically sourced goods helps foster a world where economic transactions contribute positively to both people and the planet. Fair trade practices ensure that producers receive fair wages, work in safe conditions, and have access to sustainable business practices. By opting for fair trade, consumers contribute to the empowerment of marginalized communities and promote economic justice on a global scale. Ethically sourced products prioritize humane labor practices, environmental sustainability, and transparency in the supply chain.

- Click on the following links to watch short videos and learn more about fair trade, eating sustainably, sustainable certifications (part 1, part 2), and transforming our food systems.

- Take a few minutes to learn about (and explore ways you can support) the innovative and highly successful Fair Food Program. Watch this short video and review this webpage.

Prayer Suggestion:

When you say grace at mealtime – consider including both a simple prayer of gratitude and a simple prayer for justice. A prayer of gratitude - giving thanks to God for the people, plants, and animals who contributed to this meal. A prayer for justice - that all involved are treated justly with proper wages and working conditions and if there is anything I can do to support them in this regard, let it be known to me so I may act.

Similarly, when you dress – consider doing the same – offering a simple prayer of gratitude to God for the people, plants, and animals who contributed to the clothing item. And a simple prayer for justice – that all involved are treated justly and if there is anything I can do to support them in this regard, let it be known to me so I may act.