

STARTING HEARTS, TOWN OF VAIL AND VAIL RECREATION DISTRICT PRESENT



## HEART + SOLE



### THE LAST FAMILY BASH BEFORE SCHOOL STARTS!

Saturday, August 17th • Vail Ford Park Ball Fields, 9am-1pm

Enjoy the day's **Free** activities including

- 1 Mile Family Fun Walk
- CPR/DEFIB Education
- Health and Wellness Vendors
- Heart Healthy Snacks

- 5K Fun Run with Josiah Middaugh
- EKGs for Student Athletes\*
- DEFIB Scavenger Hunt\*

- Live Entertainment
- Face Painting
- Bounce House
- Prizes & Giveaways

\*Space is limited, advanced registration required, go to StartingHearts.org



**STARTING HEARTS**  
• Save More Lives •

StartingHearts.org | 970-763-5306



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