



Keeping Employees Healthy - Body and Mind -

Lunch & Learn

Join us at the

MATC—Mequon Campus
5555 W. Highland Road, Mequon

Wednesday, March 11th
Noon — 1:30



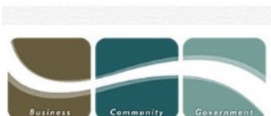
Ozaukee Economic Development and area Chambers of Commerce along with MATC—Mequon are offering an educational program focused on bolstering your company's wellness policies. Ensuring a healthy workforce (both body and mind) will boost productivity and create a positive work environment. Don't miss this opportunity to impact your employee's well being.



Dr. Mark Kaeppler, MD, Aurora Health,
Specializes in General & Preventive Cardiology. He will speak on developing healthy programs for employees looking at heart health, nutrition and cholesterol management.



Jason Gaurkee, Ascension Health
works in pediatric, adult and geriatric mental health settings and is a licensed substance counselor. He will be talking about ways to recognize mental health issues in employees and programs available to assist them.



Cost \$20 for Chamber Members — \$25 for Non—Members

To Register:

online www.ozaukeebusiness.org/news.cfm

Kathleen Schilling at 262-238-7730

kschilling@co.ozaukee.wi.us

Please RSVP on or before March 3rd