



**2019**  
**DEVELOPMENTAL CAMPS**  
**SESSION 1 June 24-27**  
**SESSION 2 July 1-4**

**2019 SUMMER LACROSSE CAMP  
INFORMATION AND RULES PACKET**

NUMBER: 410.293.5548  
Email address: [goers@usna.edu](mailto:goers@usna.edu)  
Mailing Address:  
Navy MENS Lacrosse Camps  
566 Brownson Rd  
Annapolis, MD 21402

ALL CAMPERS MUST CHECK IN AT THE NAVY- MARINE CORPS MEMORIAL STADIUM.

Registration at the Navy-Marine Corps Memorial Stadium (Blue Angel) will be held on the following date:

DEVELOPMENTAL CAMPS: Monday, 8:30AM.

The Camp runs daily (Monday - Thursday) from 9:00AM - 3:30PM

A map of the Navy-Marine Corps Memorial Stadium is provided on the last page.

If you are unable to check into camp at the specified time you must contact the Lacrosse Office to set up other arrangements.

An Athletic Trainer will be on hand at registration to handle any special medical concerns.

## **NAVY LACROSSE CAMP RULES AND REGULATIONS**

Let's have a great week of camp. Please be sure to read the rules and regulations of the United States Naval Academy's Lacrosse Camp thoroughly.

### **RESPECT**

- Your Shipmates
- Your Coaches
- Other People on the Yard
- The Plebes, Midshipmen and Their Detailers - In the future, they will defend this country and will be sent into harm's way to protect your freedom.

### **USE APPROPRIATE LANGUAGE AND TONE**

- Listen to your coaches; look them in the face when they are talking to you.
- Do what you are instructed to do. WE WILL TELL YOU ONLY ONCE. We expect you to listen.
- Respond when you are spoken to.

## DRESS

- You must have a shirt on when you are outside. *TANK TOPS ARE NOT ACCEPTABLE ANYWHERE BUT THE PLAYING FIELD.*
- Wear your hat the right way. Take it off indoors.

## ON THE FIELD

- Wear your provided tank top to all sessions
- We expect you to give your best effort at all times; nothing less will be accepted.

## OFF THE FIELD

- It is important to follow directions at all times.
- Stay in the camp area. You are not permitted to leave the camp area without proper escort.
- Do not engage in an activity that is not sponsored or supervised by the Navy Lacrosse Staff.
- Be courteous to the Plebes, their Detailers, and all Midshipmen at all times.
- Remember that Plebes marching in formation or engaged in Physical Training have the right of way at all time. Please clear a path for them to get through.
- Your conduct is a direct reflection of your parents and our camp.
- DO NOT BRING A LACROSSE BALL TO CAMP. .

## DRUGS, TOBACCO, AND ALCOHOL

- DRUGS, TOBACCO, AND ALCOHOL ARE NOT PERMITTED.
- We will not call your parents. We will call the federal police.
- YOU WILL BE ARRESTED.

## HONOR

- YOU ARE AT THE UNITED STATES NAVAL ACADEMY. WHILE YOU ARE HERE WE EXPECT YOU TO MAINTAIN THE HIGHEST STANDARDS OF HONOR AND INTEGRITY.
- "A MIDSHIPMAN DOES NOT LIE, CHEAT, OR STEAL." ; And neither shall you on the grounds of this facility.

## LUNCH

Each camper will be responsible for bringing his own lunch every day. A large refrigerator will be available to all those who need it. We will supply fresh cold water at all times throughout the day.

## WHAT TO BRING

Lunch (a refrigerator will be available)  
Helmet  
Gloves  
Arm Pads  
Shoulder Pads  
Stick  
Mouthpiece  
Sunscreen  
Sneakers or cleats (Both may be worn in the stadium)

**NOTE: NCAA Regulations forbid the Navy Lacrosse Camp from lending any type of equipment or apparel.**

## WHAT NOT TO BRING

Drugs, Tobacco, or Alcohol  
Firearms, explosives, or anything that may be construed as a weapon  
Lacrosse Balls - we will supply all you need  
Anything that may get you into trouble

## PARENTS AT CAMP

Parents and relatives are always welcome to watch any session of our camp. The best way to find your son is to ask anyone of our staff members wearing a "gold shirt".

## IMPORTANT PHONE NUMBERS

The Camp Hotline and Camp Director's phones will be manned 24 hours a day during camp.

Camp Hotline - (410) 293-5539

Camp Director Office Number - (410) 293-5548

Camp Directors Cell Phone Numbers (Emergency only please): Coach Goers: (443) 336-3714

# DIRECTIONS TO USNA

## From Washington, DC

Take US Route 50 East for 35 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

## From Baltimore

Take either I-97 South or MD Rt 2 South for 26 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

The stadium address is:

Navy-Marine Corps Memorial Stadium  
550 Taylor Ave, Annapolis, MD 21401

Route 50

Exit 24-  
Towards  
Annapolis

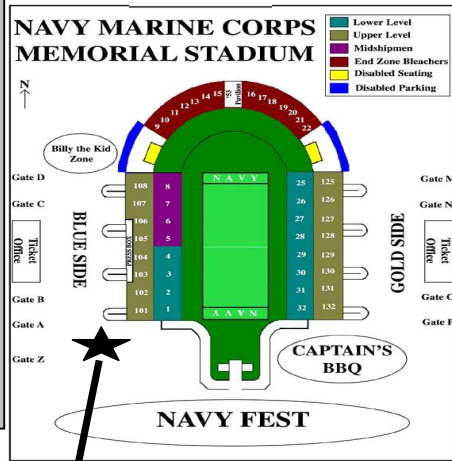
Farragut Rd

Rowe Blvd.

Parking

BLUE  
Parking

GOLD  
Parking



Gate 5

Taylor Ave

Registration / Navy Lacrosse Camp