



## **2023 OVERNIGHT FACE OFF CAMP INFORMATION AND RULES PACKET**



PHONE NUMBER: 410.293.5548  
EMERGENCY ONLY PHONE NUMBER: 443.336.3714  
FAX NUMBER: 410.293.5538  
Email address: [goers@usna.edu](mailto:goers@usna.edu)  
Mailing Address:  
Navy MENS lacrosse camps  
566 Brownson Rd  
Annapolis, MD 21402

# TABLE OF CONTENTS

## Contents

SECURITY PROCEDURES/CHECK-IN.....	3
CHECK IN TIMES .....	3
CHECK-OUT PROCEDURES .....	4
NAVY LACROSSE CAMP RULES AND REGULATIONS .....	5
ON THE FIELD BEHAVIOR .....	5
OFF THE FIELD BEHAVIOR .....	5
BANCROFT HALL .....	6
KING HALL.....	7
FOOD ALLERGIES.....	7
DRUGS, TOBACCO, AND ALCOHOL .....	7
HONOR.....	7
SWIM TEST .....	8
CAMPUS TOURS .....	8
WHAT TO BRING .....	8
WHAT NOT TO BRING.....	9
PARENTS AT CAMP.....	9
IMPORTANT PHONE NUMBERS.....	9
AIRPORT/ TRANSPORTATION INFORMATION .....	10
DIRECTIONS TO USNA.....	12
CANCELLATION POLICY .....	14
MAP OF THE NAVAL ACADEMY PLAYING FIELDS .....	15

DO NOT BRING LACROSSE BALLS TO CAMP

**\*\*CRITICAL INFORMATION YOU MUST READ\*\***

## **SECURITY PROCEDURES/CHECK-IN**

The Security Department at the U. S. Naval Academy has told us to conduct our initial Check-in/ Security screening for our camp at the Navy-Marine Corps Memorial Stadium Blue side parking lot.

All campers will park at the Navy- Marine Corps Memorial Stadium and get onto the complimentary shuttle buses. This shuttle will transport the camp/parents onto the Academy grounds. Parents are more than welcome to ride the complimentary shuttle on a space available basis (our priority will be to get as many campers on the yard as fast as possible in order to start the camp on time). No personal vehicles will be granted access to the "Yard". I encourage all campers to pack judiciously, bringing only the items that they will need. PLEASE ENSURE ALL YOUR BAGGAGE IS CLEARLY IDENTIFIED WITH YOUR NAME AND ADDRESS.

## **CHECK IN TIMES**

ALL CAMPERS MUST CHECK IN AT THE NAVY- MARINE CORPS MEMORIAL STADIUM.

Registration at the Navy-Marine Corps Memorial Stadium parking lot (Blue side) will be held on the following date:

OVERNIGHT FACE OFF CAMP: July 31<sup>st</sup> @ 2:00PM

A map of the Navy-Marine Corps Memorial Stadium is provided on the last page.

If you are unable to check into camp at the specified time you must contact the Lacrosse Office to set up other arrangements.

An Athletic Trainer will be on hand at registration to handle any special medical concerns.

# **CHECK-OUT PROCEDURES**

We will begin to check out campers after the last session of camp. Each camper will be responsible for cleaning and straightening his own room. Once the room has been cleaned, a staff member will inspect the room and release the campers. Released campers will then take the shuttle bus with their belongings back to the Navy – Marine Corp Memorial Stadium where they will play their last game and get picked up

**YOU WILL PICK UP YOUR CHILD ON THE LAST DAY OF CAMP AT THE NAVY-MARINE CORPS MEMORAIL STADIUM**

Check-out time is as follows:

**OVERNIGHT FACE OFF CAMP: August 2<sup>nd</sup> @ 10:30AM**

# **NAVY LACROSSE CAMP RULES AND REGULATIONS**

Let's have a great week of camp. Please be sure to read the rules and regulations of the United States Naval Academy's Lacrosse Camp thoroughly.

## **RESPECT**

- Your Teammates
- Your Coaches
- Other People on the Yard
- The Plebes, Midshipmen and Their Detailers – In the future, they will defend this country and will be sent into harm's way to protect your freedom.

## **USE APPROPRIATE LANGUAGE AND TONE**

- Listen to your coaches; look them in the face when they are talking to you.
- Do what you are instructed to do. WE WILL TELL YOU ONLY ONCE. We expect you to listen.
- Respond when you are spoken to.

## **ON THE FIELD BEHAVIOR**

- Wear your issued tank top to all sessions
- All NCAA mandated equipment (Helmet, mouthpiece, shoulder pads, elbow pads and gloves) must be worn for every session.
- You must bring your issued water bottle to every
- You are required to attend every session of camp. If you are injured the athletic trainers will treat your injury. Only an athletic trainer may excuse you from a session.
- As per NCAA rules, there will be no body checks in all drills and games.
- Foul and inappropriate language will not be tolerated.
- You are expected to give 100% of your effort for every session.

## **OFF THE FIELD BEHAVIOR**

- It is important to follow directions at all times.
- Stay in the camp area. You are not permitted to leave the camp area without proper escort.
- Do not engage in an activity that is not sponsored or supervised by the Navy Lacrosse Staff.

- Be courteous to the Plebes, their Detailers, and all Midshipmen at all times.
- Remember that Plebes marching in formation or engaged in Physical Training have the right of way at all time. Please clear a path for them to get through.
- Your conduct is a direct reflection of your parents and our camp.
- KEEP AWAY FROM THE SEAWALL AND ROCKS.
- Be respectful and courteous to Academy Staff if they speak to you.

## **BANCROFT HALL**

**Bancroft Hall** at the United States Naval Academy is the largest single dormitory in the world. Bancroft Hall, named after former Secretary of the Navy George Bancroft, is home for the entire brigade of 4,400 midshipmen, and contains some 1,700 rooms, 4.8 miles of corridors and 33 acres of floor space. All the basic facilities that midshipmen need for daily living are found in the hall. It is affectionately referred to as "Mother B" by Midshipmen. The Hall has been air conditioned since 2003.

### **BANCROFT HALL RULES**

1. Never wear a cover (hat) inside the hall.
2. Do not wear cleated shoes in the hall.
3. You must wear your reversible at all times.
4. Appropriate shoes or flip flops are required at all times.
5. The door to your room must remain propped open until lights out.
6. No lacrosse can be played in the hall
7. No lacrosse balls are allowed in Bancroft Hall- any ball found will become the property of the United States Naval Academy.
8. When entering into another persons room you must first stand at the door way and ask permission to enter. You may enter only when permission is granted.
9. Windows are to remain secured (closed) at all times.
10. All campers are required to keep their rooms in a neat and orderly fashion. There is a uniformed military roving patrol that continuously walks through all of Bancroft hall's eight wings that may inspect any room at anytime.
11. At lights out place your trash can in the hall outside your door. In the morning return the empty trash can to your room.

## KING HALL

The entire brigade eats at one time in a 55,000-square-foot dining area or wardroom, King Hall. Companies sit together, and food is served family style for breakfast and lunch, the typical daily diet adds up to about 4,000 calories and includes such dishes as steak, spiced shrimp, Mexican cuisine and home-baked pastries. All of the food for the 12,000 meals served daily is prepared by our food service staff in the kitchens adjacent to King Hall.

**Please note: Allergies to common foods requiring special dietary considerations cannot be supported by King Hall and is a disqualifying condition for attending camp. Please email or call the camp director for more information ([goers@usna.edu](mailto:goers@usna.edu) or 410.293.5548)**

### KING HALL RULES

1. Remove your cover (hat) before entering the ward room.
2. Socks and shoes must be worn (sandals are appropriate).
3. Your shirt must be completely tucked in.
4. Food will be served once all the campers are seated at the table. No one may begin to eat until everyone at the table is ready.
5. Food is served family style. Once everyone has one helping then you may have seconds.
6. When leaving the dining hall you must push in your seat and arrange your silverware so the handles are at "3 o'clock". Tables are dismissed individually.
7. You may not bring lacrosse equipment into King Hall
8. No lacrosse balls are allowed in King Hall

## FOOD ALLERGIES

**Allergies to common foods requiring special dietary considerations cannot be supported by King Hall and is a disqualifying condition for attending camp. Please email or call the camp director for more information ([goers@usna.edu](mailto:goers@usna.edu) or 410.293.5548)**

## DRUGS, TOBACCO, AND ALCOHOL

- DRUGS, TOBACCO, AND ALCOHOL ARE NOT PERMITTED.

## HONOR

- YOU ARE AT THE UNITED STATES NAVAL ACADEMY. WHILE YOU ARE HERE WE EXPECT YOU TO MAINTAIN THE HIGHEST STANDARDS OF HONOR AND INTEGRITY.
- "A MIDSHIPMAN DOES NOT LIE, CHEAT, OR STEAL." And neither shall you on the grounds of this facility.

## SWIM TEST

- Everyone who wants to swim in our pools will be required to take a swim test on the first day of camp. The test consists of swimming one length of the pool and treading water for one minute. You must pass to swim
- 

## CAMPUS TOURS

An optional campus tour will be offered on the first day. NOTE: due to the security requirements of the Naval Academy, campers cannot explore the campus by themselves.

## WHAT TO BRING

The Individual Overnight Camp is 5 calendar days long with up to 3 sessions per day; therefore each camper should pack clothes and supplies that will sustain them for the duration of camp.

Athletic clothing

Athletic socks

Undergarments

Cleated shoes

Tennis shoes

Swimsuit

Shower sandals (if desired)

Toiletries

Shampoo

Sunscreen

Twin-sized bed linens or sleeping bag

Pillow

Towels

Washcloth

Extra spending money (not required)

Combination lock, if you want to lock up valuables (the rooms do not lock).

Medication, if necessary, for the appropriate amount of days

Fans are not necessary as the dorms are air conditioned.

Collared shirt and slacks if your son plans on attending church services

**ALSO: all required NCAA Lacrosse Equipment must be worn for all sessions:**

Helmet

Gloves

Arm Pads

Shoulder Pads



Stick  
Mouthpiece

**NOTE: Although we supply the Helmet, gloves, shoulder pads and elbow pads, we ask you to bring your own just in case there are any break in issues with the e new equipment**

## WHAT NOT TO BRING

Drugs, Tobacco, or Alcohol  
Firearms, explosives, or anything that may be construed as a weapon  
**Lacrosse Balls – we will supply all you need**  
Anything that may get you into trouble

## PARENTS AT CAMP

Parents and relatives are always welcome to watch any session of our camp. The best way to find your son is to ask anyone of our staff members wearing a “gold shirt”. Please keep in mind that due to security concerns we will not be able to issue any parking passes. You will need to park off of the yard and walk onto the Academy. You and all members of your family above the age of 16 will be required to show a valid picture ID to the gate guards in order to walk onto the “yard”.

If you wish to check your son out of camp early or on a temporary basis (dinner with the family, etc.) you will need to make prior arrangements with the staff director (410.293.5548) and sign him out with the camp security officer. We will only check out a camper to an adult member of his immediate family unless prior arrangements have been made with the camp director. Once you return your son to camp you will need to log him back in with the camp security officer.

While watching your son at camp, you must remain off the fields at all times.

## IMPORTANT PHONE NUMBERS

The Camp Hotline and Camp Director’s office phone will be manned 24 hours a day during camp.

Camp Hotline – (410) 293-5539  
Camp Director Office Number – (410) 293-5548  
Camp Directors Cell Phone Numbers:  
Coach Goers: (443) 336-3714

# AIRPORT/ TRANSPORTATION INFORMATION

Free transportation is provided to and from Baltimore/Washington International Airport/Train Station at the following specified times. Please be sure to fill out the online travel form to ensure we pick up your son. The online travel form can be completed by clicking on the button below.

NOTE: This is a curb side service only. Very young campers who are utilizing the "unaccompanied minor" service through their airline cannot use our free shuttle service.

## PICK UP TIMES

Pick up at BWI on the day camp starts at 11:30 a.m.

## DROP OFF TIME

Drop off at BWI on the last day of camp is 12:00 p.m.

## WHERE TO MEET THE STAFF

Once your son arrives at BWI airport he will need to pick up his baggage and then head over to baggage carousel 13 & 14 to meet our staff. We will have multiple staff at the airport. The staff will be dressed in either a blue Navy Lacrosse "Coach" T shirt or a gold Navy Lacrosse "Field Boss" T shirt.

A list of staff names at the airport will be e-mailed to you the day before your son departs for camp.

Once your son checks in with us we will hand him a cell phone and tell him to call home.

## DELAYED/ CHANGED FLIGHTS

If you have filled out our on-line travel form and if your son's flight is delayed for any reason we will still pick him up!! We will have staff at the

airport until every camper is picked up and brought to the Academy. However, if you do not complete the on-line travel form we will not know to wait for your son and may not even have staff at the airport at that time. PLEASE fill out the on-line travel form.

### **CAMPERS USING THE "UNACCOMPANIED MINOR" PROGRAM WITH THE AIRLINES**

Each individual airline has its own policies regarding minors on their flights. If your son will be flying alone, you should contact your choice of airline about their rules governing minors on their flights. In some instances, if your child is very young, your airline will require him to have a designated chaperone. If your son is in this category, he will **not** be able to use our free shuttle service. Due to the large amount of campers flying into and out of the airport for each session of camp, our staff cannot act as a personal chaperone for any individual camper.

# DIRECTIONS TO USNA

## From Washington, DC

Take US Route 50 East for 35 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight to the Blue side of the Stadium

## From Baltimore

Take either I-97 South or MD Rt 2 South for 26 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight to the Blue side of the Stadium

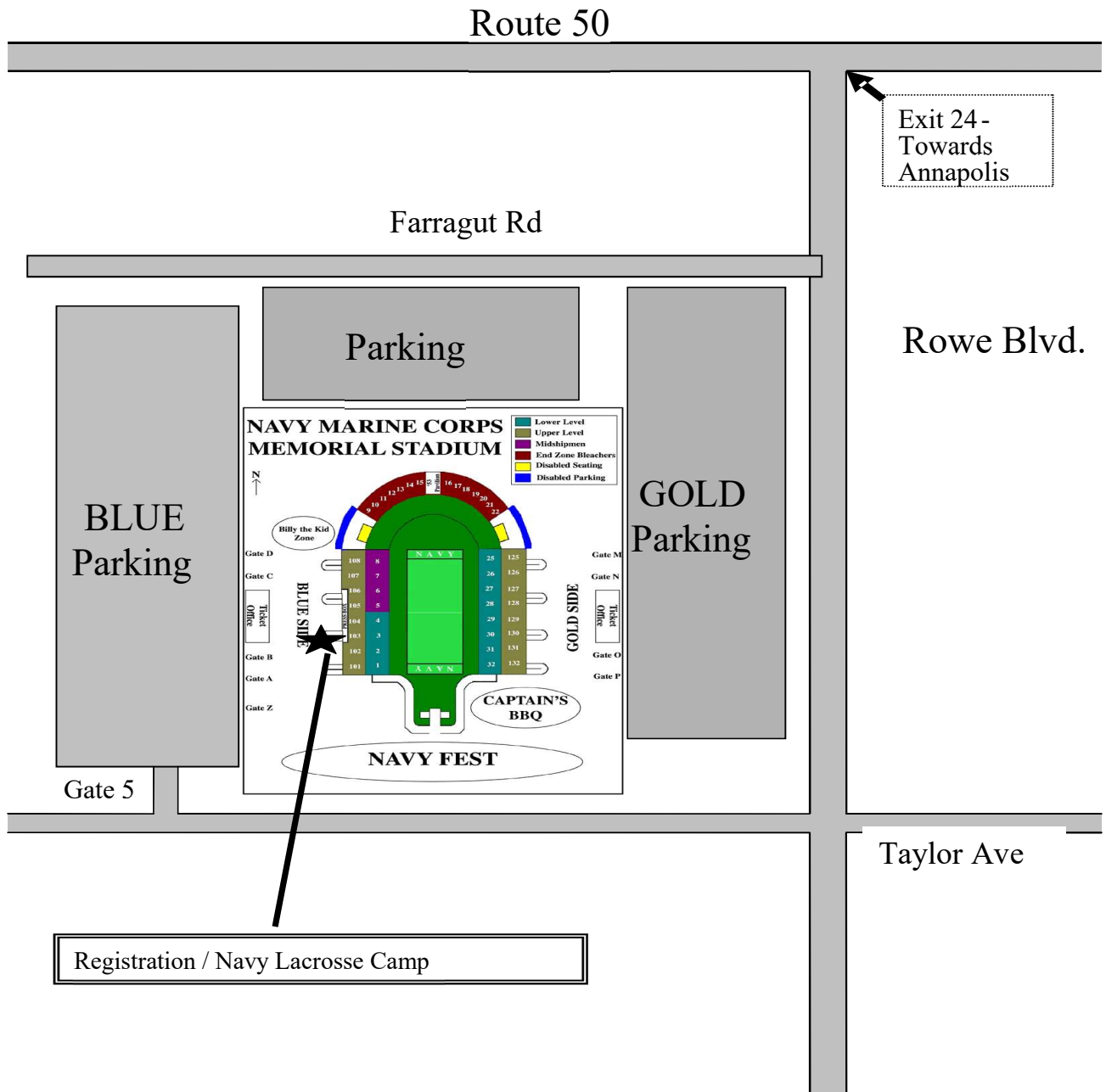
.

The stadium address is:

Navy-Marine Corps Memorial Stadium

550 Taylor Ave,

Annapolis, MD 21401



DO NOT BRING LACROSSE BALLS TO CAMP

# CANCELLATION POLICY

No refunds will be made in the event of interruption or cancellation by any camper or parent after commencement of the camp. Requests for refunds must be made utilizing the online registration site <https://register.navylacrosseccamps.com> or in writing via registered mail to Navy Lacrosse camps 566 Brownson Rd Annapolis MD 21402. Refund processing time is about 3-4 weeks.

Enrollments that are not paid in full by the final payment due date are subject to cancellation and in the event an enrollment is canceled, a cancellation fee will apply.

No refunds will be given on any camp for no-shows

No refunds will be given for any missed days of a camp.

Navy Lacrosse Camps' Payment and Cancellation Policy is subject to change without notice.

## CAMP CANCELLATION FEE SCHEDULE

Days prior to the first day of camp:

280-31 days: 10% of the camp tuition

30-14 days 25% of the camp tuition

13-1 days: 50% of the camp tuition

Day camp starts or later: complete forfeit of tuition

# MAP OF THE NAVAL ACADEMY PLAYING FIELDS

