

ALL CAMPERS MUST CHECK IN AT THE NAVY- MARINE CORPS MEMORIAL STADIUM



## **EVENING CAMP**

**2020 EVENING LACROSSE CAMP  
INFORMATION AND RULES PACKET**

**CHECK IN IS MONDAY JUNE 8<sup>th</sup> FROM  
5:30-6:00 AT THE BLUE ANGEL  
LOCATED AT NAVY MARINE CORP  
MEMORIAL STADIUM  
(Map & Directions at the end)**

Email address: [goers@usna.edu](mailto:goers@usna.edu)

Phone: 410.293.5548

Mailing Address:

Navy MENS lacrosse camps

566 Brownson Rd

Annapolis, MD 21402

**\*\*CRITICAL INFORMATION YOU MUST READ\*\***

## **CHECK-IN**

ALL CAMPERS MUST CHECK IN AT THE NAVY- MARINE CORPS MEMORIAL STADIUM

Registration at the Navy-Marine Corps Memorial Stadium (Blue Angel) will be held on the following date:

**EVENING CAMP** : Monday, June 8<sup>th</sup>      5:30 p.m. - 6:00 p.m.

A map of the Navy-Marine Corps Memorial Stadium is provided on the last page.

If you are unable to check into camp at the specified time you must contact the Lacrosse Office to set up other arrangements.

An Athletic Trainer will be on hand at registration to handle any special medical concerns.

NOTE: Due to the current security concerns, everyone will need to ride a shuttle over to Farragut field.

## **DAILY SCHEDULE**

<b>Day / time</b>	<b>Action</b>	<b>Location</b>
MONDAY - THURSDAY		
5:30 - 6:00	Check in	(Blue Angel)
6:15- 7:45	On the field	NMCMS/ Farragut turf field
8:00	Pick up campers at the stadium	

# NAVY LACROSSE CAMP RULES AND REGULATIONS

Let's have a great week of camp. Please be sure to read the rules and regulations of the United States Naval Academy's Lacrosse Camp thoroughly.

## RESPECT

- Your Shipmates
- Your Coaches

## USE APPROPRIATE LANGUAGE AND TONE

- Listen to your coaches; look them in the face when they are talking to you.
- Do what you are instructed to do. WE WILL TELL YOU ONLY ONCE. We expect you to listen.
- Respond when you are spoken to.

## ON THE FIELD

- Wear your provided tank top to all sessions
- We expect you to give your best effort at all times; nothing less will be accepted.

## OFF THE FIELD

- It is important to follow directions at all times.
- Stay in the camp area. You are not permitted to leave the camp area without proper escort.
- Do not engage in an activity that is not sponsored or supervised by the Navy Lacrosse Staff.
- Your conduct is a direct reflection of your parents and our camp.
- DO NOT BRING A LACROSSE BALL TO CAMP. .
- Be respectful and courteous to Academy Staff if they speak to you.

## DRUGS, TOBACCO, AND ALCOHOL

- DRUGS, TOBACCO, AND ALCOHOL ARE NOT PERMITTED.
- We will not call your parents. We will call the federal police.
- YOU WILL BE ARRESTED.

## HONOR

- YOU ARE AT THE UNITED STATES NAVAL ACADEMY. WHILE YOU ARE HERE WE EXPECT YOU TO MAINTAIN THE HIGHEST STANDARDS OF HONOR AND INTEGRITY.
- "MIDSHIPMAN DOES NOT LIE, CHEAT, OR STEAL" ; And neither shall you on the grounds of this facility.

## WHAT TO BRING

Helmet  
Gloves  
Arm Pads  
Shoulder Pads  
Stick  
Mouthpiece  
Chest protector (Goalies only)  
OPTIONAL EQUIPMENT:  
Athletic supporter  
Rib pads

**NOTE: NCAA Regulations forbid the Navy Lacrosse Camp from lending any type of equipment or apparel.**

## WHAT NOT TO BRING

Drugs, Tobacco, or Alcohol  
Firearms, explosives, or anything that may be construed as a weapon  
Lacrosse Balls – we will supply all you need  
Anything that may get you into trouble

## PARENTS AT CAMP

Parents and relatives are always welcome to watch any session of our camp. The best way to find your son is to ask anyone of our staff members wearing a "gold shirt".

## **IMPORTANT PHONE NUMBERS**

The Camp Hotline and Camp Director ' s phones will be manned 24 hours a day during camp.

Camp Hotline – (410) 293-5539

Camp Director Office Number – (410) 293-5548

Camp Directors Cell Phone Numbers:

Coach Goers: (443) 336-3714

**ALL CAMPERS MUST CHECK IN AT THE NAVY- MARINE CORPS MEMORIAL STADIUM AND TAKE THE SHUTTLE OVER TO THE PLAYING FIELD.**

# **DIRECTIONS TO USNA**

## From Washington, DC

Take US Route 50 East for 35 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

## From Baltimore

Take either I-97 South or MD Rt 2 South for 26 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

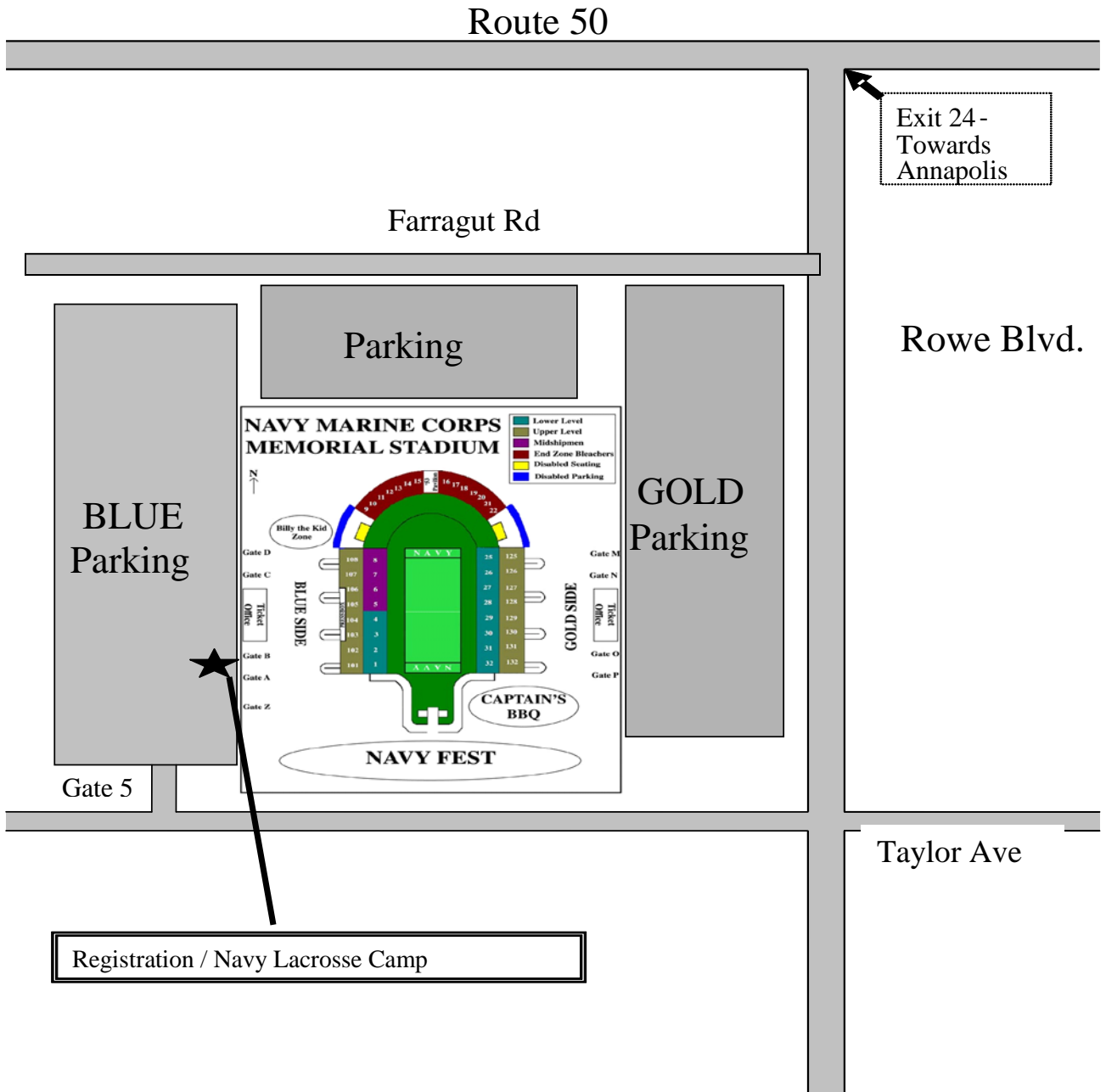
The stadium address is:

Navy-Marine Corps Memorial Stadium

304 Farragut Rd

Annapolis, MD 21401-2220

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## FOUL WEATHER POLICY

We make every effort to accommodate foul weather. However, lacrosse is an outside sport and is subject to weather conditions that are beyond our control. Times, Locations and facilities may change without notice due to inclement weather, special events or facility availability

We do have several contingent plans for foul weather:

Severe cold: Campers will be rotated inside and outside at appropriate intervals to ensure safety and a positive learning environment.

Snow: Every effort is made to clear off our athletic fields to ensure a playable surface. In the rare case that there is excessive snow, we reserve the right to shorten, modify or cancel sessions.

Lightning: If there is lightning in the area we immediately seek appropriate shelter and wait until it is safe to return to the field.

Heat: The curriculum is modified to ensure proper intervals of cool down and workout periods. Individual water breaks can be taken at any time. Mandatory group water breaks are enforced at regular intervals.

Rain: Depending on the severity of the rain, the session may continue as planned.

If you have any questions on the weather, you can call the following numbers:

Camp hotline: 410.293.5548

Coach Goers Cell phone: 443.336.3714