



**STAFF  
2023  
DAY CAMPS**

- **YOUTH SESSION.** June 19-22
- **MIDDLE SCHOOL SESSION.** June 26-29

**2023 SUMMER LACROSSE CAMP  
INFORMATION AND RULES PACKET**

NUMBER: 443.336.3714

Email address: [goers@usna.edu](mailto:goers@usna.edu)

Mailing Address:  
Navy MENS Lacrosse Camps  
566 Brownson Rd  
Annapolis, MD 21402

ALL STAFF MUST CHECK IN AT THE NAVY- MARINE CORPS MEMORIAL STADIUM.

Staff Check in at the Navy-Marine Corps Memorial Stadium (Blue Angel) will be held on the following times on the first day of camp:

YOUTH & MIDDLE SCHOOLCAMPSS:  
Monday, 8:15AM.

The Camps run daily (Monday – Thursday) from 8:30AM – 3:30PM

A map of the Navy-Marine Corps Memorial Stadium is provided on the last page.

## **NAVY LACROSSE CAMP RULES AND REGULATIONS**

Let's have a great week of camp. Please be sure to read the rules and regulations of the United States Naval Academy's Lacrosse Camp thoroughly.

### **RESPECT**

- The Campers
- Your co-workers

### **USE APPROPRIATE LANGUAGE AND TONE**

- Do not use foul or inappropriate language to or in front of a camper.
- Do not talk about alcohol or drugs to or in front of the campers.
- Do not talk about what you did the night before in front of the campers.
- Do not call a camper a name or any nick name that may be construed as derogatory or demeaning.

### **DRESS**

- Wear your provided staff shirt to all sessions
- Wear athletic shoes. No sandals, flip flops or crocs
- You will be representing the US Navy, The United States Naval Academy and Navy Lacrosse, be sure you are groomed and dressed appropriately.
  - o You should shave every day
  - o Your hair should be of a reasonable length.

- Your shorts should be athletic in nature, preferably ones from your school.
- Anything you wear should be respectful in nature towards our country.
- If you have any questions, just ask Coach Goers

## ON THE FIELD

- Wear your issued Navy camp T-shirt
- You are required to attend every session of camp. The first day of camp you must be on site at 8:00. Every day after that, you must be on site at 8:30AM
- You must have a whistle for every session. You will be issued one on the first day
- **EVERY CAMPER GETS EQUAL PLAYING TIME!!!** Your job is to ensure that this happens every time for every session
- Never touch a camper- you don't know their background or their history
- As per NCAA rules, there will be no body checks in all drills and games
- Report any on-field problems or concerns to your field boss or camp directors.
- **WE BELIEVE IN POSITIVE REINFORCEMENT**

## DRUGS, TOBACCO, AND ALCOHOL

- DRUGS, TOBACCO, AND ALCOHOL ARE NOT PERMITTED.

## HONOR

- YOU ARE AT THE UNITED STATES NAVAL ACADEMY. WHILE YOU ARE HERE WE EXPECT YOU TO MAINTAIN THE HIGHEST STANDARDS OF HONOR AND INTEGRITY.

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## **LUNCH**

We will provide you with a lunch every day.

## **WHAT TO BRING**

Stick  
 Sunscreen  
 Sneakers – No flip flops or Crocs.  
 Lacrosse stick

## **WHAT NOT TO BRING**

Drugs, Tobacco, or Alcohol

Firearms, explosives, or anything that may be construed as a weapon

## **IMPORTANT PHONE NUMBERS**

The Camp Hotline and Camp Director's phones will be manned 24 hours a day during camp.

Camp Directors Cell Phone Numbers:

Coach Goers: (443) 336-3714

Coach Camposa (516) 835-1570

# DIRECTIONS TO USNA

## From Washington, DC

Take US Route 50 East for 35 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

## From Baltimore

Take either I-97 South or MD Rt 2 South for 26 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

The stadium address is:

Navy-Marine Corps Memorial Stadium

304 Farragut Rd

Annapolis, MD 21401-2220

# Route 50

