



**STAFF
2023
DAY CAMPS**

- **YOUTH SESSION.** June 19-22
- **MIDDLE SCHOOL SESSION.** June 26-29

**2023 SUMMER LACROSSE CAMP
INFORMATION AND RULES PACKET**

NUMBER: 443.336.3714
Email address: goers@usna.edu
Mailing Address:
Navy MENS Lacrosse Camps
566 Brownson Rd
Annapolis, MD 21402

ALL STAFF MUST CHECK IN AT THE NAVY- MARINE CORPS MEMORIAL STADIUM.

Staff Check in at the Navy-Marine Corps Memorial Stadium (Blue Angel) will be held on the following times on the first day of camp:

YOUTH & MIDDLE SCHOOLCAMPS:
Monday, 8:15AM.

The Camps run daily (Monday – Thursday) from 8:30AM – 3:30PM

A map of the Navy-Marine Corps Memorial Stadium is provided on the last page.

NAVY LACROSSE CAMP RULES AND REGULATIONS

Let's have a great week of camp. Please be sure to read the rules and regulations of the United States Naval Academy's Lacrosse Camp thoroughly.

RESPECT

- The Campers
- Your co-workers

USE APPROPRIATE LANGUAGE AND TONE

- Do not use foul or inappropriate language to or in front of a camper.
- Do not talk about alcohol or drugs to or in front of the campers.
- Do not talk about what you did the night before in front of the campers.
- Do not call a camper a name or any nick name that may be construed as derogatory or demeaning.

DRESS

- Wear your provided staff shirt to all sessions
- Wear athletic shoes. No sandals, flip flops or crocs
- You will be representing the US Navy, The United States Naval Academy and Navy Lacrosse, be sure you are groomed and dressed appropriately.
 - o You should shave every day
 - o Your hair should be of a reasonable length.

- Your shorts should be athletic in nature, preferably ones from your school.
- Anything you wear should be respectful in nature towards our country.
- If you have any questions, just ask Coach Goers

ON THE FIELD

- Wear your issued Navy camp T-shirt
- You are required to attend every session of camp. The first day of camp you must be on site at 8:00. Every day after that, you must be on site at 8:30AM
- You must have a whistle for every session. You will be issued one on the first day
- EVERY CAMPER GETS EQUAL PLAYING TIME!!! Your job is to ensure that this happens every time for every session
- Never touch a camper- you don't know their background or their history
- As per NCAA rules, there will be no body checks in all drills and games
- Report any on-field problems or concerns to your field boss or camp directors.
- WE BELIEVE IN POSITIVE REINFORCEMENT

DRUGS, TOBACCO, AND ALCOHOL

- DRUGS, TOBACCO, AND ALCOHOL ARE NOT PERMITTED.

HONOR

- YOU ARE AT THE UNITED STATES NAVAL ACADEMY. WHILE YOU ARE HERE WE EXPECT YOU TO MAINTAIN THE HIGHEST STANDARDS OF HONOR AND INTEGRITY.

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LUNCH

We will provide you with a lunch every day.

WHAT TO BRING

Stick
 Sunscreen
 Sneakers – No flip flops or Crocs.
 Lacrosse stick

WHAT NOT TO BRING

Drugs, Tobacco, or Alcohol

Firearms, explosives, or anything that may be construed as a weapon

IMPORTANT PHONE NUMBERS

The Camp Hotline and Camp Director's phones will be manned 24 hours a day during camp.

Camp Directors Cell Phone Numbers:

Coach Goers: (443) 336-3714

Coach Camposa (516) 835-1570

DIRECTIONS TO USNA

From Washington, DC

Take US Route 50 East for 35 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

From Baltimore

Take either I-97 South or MD Rt 2 South for 26 miles

Get off on Rowe Blvd., Exit 24.

Take Rowe Blvd 0.6 miles to TAYLOR AVE

Make a right turn onto TAYLOR AVE.

Go 0.3 miles and turn right into Gate 5 of Navy-Marine Corps Memorial Stadium and enter the parking lot.

Go straight the Blue Angel will be on your right

The stadium address is:

Navy-Marine Corps Memorial Stadium

304 Farragut Rd

Annapolis, MD 21401-2220

