

## October Chamber Notices

### Meals Update

- We are providing Hot Home Delivered Meals to our home bound clients by \$3 donation.
- We are providing weekly Disaster Meals delivered by reservation to any Charlevoix County resident 60 years old or older so that our most vulnerable do not need to leave their homes as often. This is a once a week delivery of a Hot Meal and 6 frozen meals. This need to be ordered through the COA office 231-237-0103 on the Thursday before the week you want it and is a \$3 donation per meal.
- We are continuing to provide Hot Curbside Pick-up meals at each of our Senior Centers five days a week by \$3 donation – NO Reservations needed! ☺
- Emergency Shelf Stable Meals will be provided to all of our Home Delivered Meal Clients in November. Emergency Shelf Stable Meals were made available for order to all aging adults receiving meals from the COA during this Pandemic. Those who have ordered them by the cutoff date, will be receiving these via curbside pick-up in November. These meals had to be ordered by the end of September as the COA contacts with JA Foods for this service.

### Activities Update

- On a weekly basis we are handing out information, education and Virtual Activity packets with our Home Delivered, Disaster and Curbside Pick up meals.
- Beginning in October, once a month on the 3<sup>rd</sup> Friday of the month we will be handing out Fun Grab Bags that will have games, puzzles, and craft activities to keep our aging adults engaged with more hands on fun.

### Services Update

- Face Masks are being handed out to our aging adults periodically to all of our meal recipients by a variety of donating organizations including the COA.
- The 2020-2021 Snow Removal Financial Assistance Program is once again available to Charlevoix County aging adults. Registration packets are available during curbside pick up of meals the week of October 19, 2020 or you may call the COA office at 231-237-0103.

Please print our Calendars, “Like” our Facebook Page “Charlevoix County Commission on Aging”, follow us on Instagram “Charlevoixcountycoa” and look all the other goings on either on the Senior Hi-Lites Newsletter page or the Menus / Calendars and Activities pages of our website at [www.charlevoixcounty/Commission\\_on\\_Aging](http://www.charlevoixcounty/Commission_on_Aging).

The Charlevoix County Commission on Aging also has some new information that will be available at all of our area Chambers of Commerce...Stop in and pick up our 3 new information cards and share them with your friends and family. It's covers just some of the things you never knew the COA and Senior Centers did!

**We are changing what aging looks like and feels like!**