

## **March Chamber Notices**

### **Meals Update – Meal Calendar Attached.**

- We are providing Hot Home Delivered Meals to our home bound clients by \$3 donation.
- We are providing weekly Disaster Meals delivered by reservation to any Charlevoix County resident 60 years old or older so that our most vulnerable do not need to leave their homes as often. This is a once a week delivery of a Hot Meal and 6 frozen meals. This need to be ordered through the COA office 231-237-0103 on the Thursday before the week you want it and is a \$3 donation per meal.
- We are continuing to provide Hot Curbside Pick-up meals at each of our Senior Centers five days a week by \$3 donation – NO Reservations needed! 😊

### **March Activities...**

Please note these are all activities that are handed out curbside or by appointment to do at home. Please call your Site Coordinator for more information.

### **Gym Walking will be available again for our Charlevoix County Aging**

#### **Adults:**

Charlevoix Walking Location: Charlevoix County Building Northside, 13513 Division Street, Charlevoix, MI 49720

With the county's purchase of the old elementary school, and the Gym being part of the Senior Center, we are excited to make it available for walking again through the Winter and Spring by reservation only. We will have 10 spots per hours available for those who are interested. You must maintain 6 foot social distancing and wear a mask for the time you are in the building. You must wear shoes & use walking assistance (canes, walkers, etc.) specific for indoor use only to protect the Gym floor. Walking will be available on the mornings that the gym is available. To reserve your time slot please contact Sheri at: (231) 237-0103

East Jordan Walking Location: East Jordan Senior Center, 951 Mill Street, East Jordan, MI 49727

The EJ School Gym use is being made part of the Senior Center again this year, and we are excited to make it available for walking through the Winter and Spring by reservation only. We will have 10 spots per hours available for those who are interested. You must maintain 6 foot social distancing and wear a mask for the time you are in the building. You must wear shoes & use walking assistance (canes, walkers, etc.) specific for indoor use only to protect the Gym floor. Walking will be available to Seniors from 10:30am - 11:30am only Monday through Friday. To reserve your time slot please contact Brenda at: (231) 536-7831

These dates and times are subject to change depending upon the current Pandemic situation and/or the needs of the Community to utilize this space to fight the Pandemic. By making a reservation you will be called if there are any changes to your dates or times. Thank you for your patience.

**Senior and Emergency Grocery Service:**

Charlevoix County Transit & the COA has a Senior and Emergency Grocery Ordering/Delivery Service as part of the services offered by the County's Transit. While delivery of items such as food pantry boxes, prescriptions and senior meals was well received, the grocery delivery was not widely used during the early months of the pandemic. One of the drawbacks that transit officials noticed was that for curbside pickup available for groceries an individual needed to place their order via a smartphone or web-based application.

During the height of the shutdown, the website and app ordering was time consuming and problematic for many and therefore transit didn't see many requests grocery delivery. The expansion of the Transit's delivery program will provide assistance to those needing help with ordering their groceries. County residents who would like to use the Grocery Ordering/Delivery Program can call Program Coordinator at 231.497.1430 on designated shopping days to place their grocery order. The program coordinator will then input the order with the caller, take payment information (credit/debit card) and then place the order as well as scheduling the grocery delivery in transit's scheduling system. This program is currently limited to in-county grocery stores utilizing the store shopping app.

Designated days/times for orders to be placed: Monday 1:30-3:00pm; Tuesday 9:00-10:00am and 1:30-3:00pm; Wednesday 1:30-3:00pm; Thursday 9:00-10:00am and 1:30-2:30pm

While this program initially focused on helping our county's aging population, with a surge in COVID cases and the flu season upon us, transit officials felt this was a worthwhile community service that should be offered to anyone who is in need of help or worried about going into stores.

Charlevoix County's Commission on Aging will assist the Charlevoix County Transit with getting information about this program out to the county's aging population as well as continue to assist those over 60 years old with transit fares for in-county rides as well as out-of-county medical appointments. For more information about Transit rides or the free delivery services offered, please call 231.582.6900 between 7:30am and 4:30pm, Monday through Friday.

**March Activities:**

- Boyne – "Luck of the Draw" Contest, "Wow am I Lucky" Short Story Contest, Book & Puzzle Exchange, Wordsearch Puzzle Handout.....Call Loretta for more info at 231-582-6682
- Charlevoix - "Luck of the Draw" Contest, "Wow am I Lucky" Short Story Contest, Jigsaw Puzzles, Adult Coloring Packets, Wordsearch Packets.....Call Sheri for more info at 231-237-0103
- East Jordan - "Luck of the Draw" Contest, "Wow am I Lucky" Short Story Contest, Jigsaw Puzzles, Wordsearch Puzzle Handout.....Call Brenda for more info at 231-536-7831

- Beaver Island - “Luck of the Draw” Contest, “Wow am I Lucky” Short Story Contest, Social distance bingo seems to be popular among the seniors here on Beaver Island. I will continue the activity in March with a St. Patrick Day Theme. In March I will do Three weeks of getting seniors out searching for a leprechaun. I will place leprechaun cutouts of all sizes around the downtown area and leave clues seniors to use while searching for the leprechauns. The hunt will lead to a pot of gold, which will include candies and prizes. This activity will be used to engage seniors physically and mentally. On March 31, I will prepare a drive-thru style Easter Dinner at the school. ....Call Lonnie for more info at 231-448-2124

Please print our Calendars, “Like” our Facebook Page “Charlevoix County Commission on Aging”, follow us on Instagram “Charlevoixcountycoa” and look all the other goings on either on the Senior Hi-Lites Newsletter page or the Menus / Calendars and Activities pages of our website at [www.charlevoixcounty/Commission on Aging](http://www.charlevoixcounty/Commission_on_Aging) .

The Charlevoix County Commission on Aging also has some new information that will be available at all of our area Chambers of Commerce...Stop in and pick up our 3 new information cards and share them with your friends and family. It's covers just some of the things you never knew the COA and Senior Centers did!

**We are changing what aging looks like and feels like!**