

Spring into Health: Vaccinate Before You Vacation!

Get ready for spring break! It's important to keep ourselves and others safe from sickness. One way to do this is by making sure we have all our vaccinations.

Vaccinations help stop the spread of diseases like measles, mumps, rubella, influenza, and COVID-19. When we get vaccinated, we not only protect ourselves but also help keep our school and community healthy. It takes about 14 days for vaccines to start working. You can check your vaccine history on the [Wisconsin Immunization Registry](#) website, ask your doctor, or call the Greendale Health Department at 414-423-2110.

During spring break, we often travel and spend time with others, which can increase the chance of getting sick. Some places may require specific vaccinations. Getting vaccinated before you travel lowers the risk of getting or spreading illnesses, so you can have a safe and fun trip. Check the [CDC's Destination page](#) to see if your destination has any vaccination requirements.

Let's take action and prioritize our health by getting vaccinated before spring break. Together, we can make sure everyone stays healthy and enjoys the break!