October 2025

Apply Online for Free/Reduced Lunch Benefits @ grchristian.familyportal.cloud





Please pay your lunch balances at grchristian.familyportal.cloud Questions: jzondag@grcs.org

Monday



Wednesday

October 1

Mac & Cheese

Broccoli, Carrots

Cheez-Its

Fruit

Thursday

October 2

Chicken Tenders

WG Muffin

Carrots w/Hummus

Fruit

October 16

Chicken Nuggets

WG Muffin

Carrots

w/Hummus

Fruit

Friday



Pizza Hut Cheese Pizza Garden Salad Chips, Fruit

CHOICE #2

October 6

Pizza Crunchers Marinara Dip Cucumbers Fruit

October 13

Hot Dog

Carrots

Baked Beans

Fruit

October 7 Mini Pancakes Sausage Links Hash Browns Veggie Juice Fruit

October 14

Pancake &

Sausage Bites

Hash Browns

Veggie Juice, Fruit

October 8 Walking Taco Cheese, Lettuce Black Beans & Corn Salsa, Sour Cream Fruit

October 15

Teriyaki Beef

Dunkers

Mashed Potatoes

Green Beans

Fruit

October 9 Popcorn Chicken Mashed Potatoes Corn Fruit

October 10

Pizza Hut Cheese Pizza Garden Salad Chips, Fruit

October 17

Pizza Hut

Cheese Pizza

Garden Salad

Chips, Fruit

Monday

Cinnamon Toast Crunch Cereal Ham & Cheese Roll-Up Fruit, Carrots

Tuesday

Strawberry Yogurt Parfait, Granola Cucumbers Veggie Juice

Sun Chips

October 20

Cheeseburger Potato Smiles Carrots Fruit

October 21 Cheese Omelet Hash Browns WG Muffin Veggie Juice Fruit

October 22



No School: Fall Break

October 23

No School: Fall Break

October 24



Fall Break

Wednesday

Pancake Sausage Wrap on a Stick Cheese Stick Orange Wedges Carrots

Thursdav

Strawberry Yogurt Parfait, Granola Cucumbers Veggie Juice Sun Chips

October 27

Bosco Breadsticks Marinara Dip Carrots w/Hummus Fruit

October 28 Dutch Waffle Sausage Links Hash Browns Veggie Juice Strawberry Cup October 29

Mini Corn Dogs Carrot Sticks Corn, Fruit Frito Chips

October 30 Breaded Chicken Patty on a Bun Cucumbers w/Hummus Fruit

October 31

Pizza Hut Cheese Pizza Garden Salad Chips, Fruit

DUE TO AVAILABILITY, MENU SUBJECT TO CHANGE

Milk is included with lunch 1% Chocolate or 1% White Milk milk only 75¢/carton

THIS INSTITUTION IS AN EQUAL **OPPORTUNITY PROVIDER**

MEAL PRICE \$3.25 Student \$5.50 Adult

Pizza Day 6th - 8th graders have the option to buy an extra slice of pizza for \$1.75