

The Oklahoma Program for Continuing Education in Social Work

You Are Invited

***The Importance of Social Connectedness to Hope and
Psychological Flourishing***

1-4 p.m.

Friday, March 15, 2019

OU-Tulsa Schusterman Center

4502 E. 41st Street

Learning Center, Room 231

Tulsa, OK

3 hours of CEU credits

Facilitators:

Ricky T. Munoz, JD, M.S.W. and Andrea Walker, Ph.D.

Research has shown a hopeful mindset is important to overcoming hardships. In fact, hope has been described as the mindset that drives resilience. However, less is known about how to foster hope. The current presentation will discuss the origins of hope, with an emphasis on how social connectedness drives hope and psychological flourishing. In fact, social connectedness is important to well-being in many contexts. The presentation will include specific examples of the value of social connectedness to battling addiction. The presentation will conclude with a discussion of clinical approaches to fostering social connectedness for clients to promote hope and psychological flourishing.

Master Presenters

Ric Munoz, JD, MSW, is an assistant professor at the University of Oklahoma, Anne and Henry Zarrow School of Social Work. His scholarship work includes work on the importance of hopeful thinking to clients of local non-profits. His work includes studying the importance of hope to

overcoming domestic violence, physical pain, and homelessness. Andrea Walker, Ph.D., is a Professor of Counseling at Oral Roberts University, with a research agenda that includes examining the importance of social relationships to mental health and well-being, particularly in the context of addiction. Her work has included publications in over 30 well-known journals.

***3 CEUs available to LCSW/LMSW
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