

MAFP Annual Meeting Recap

We had our 34th Annual Update on March 19-21st at the Samoset Resort in Rockport. Over 70 family physicians, residents, and students came together for 2.5 days of learning, networking, and having fun. We started the conference Thursday afternoon with a group KSA activity on palliative care and had Teresa Letellier, MD, a palliative care trained family doctor, help facilitate and provide additional teaching. The next 2 days offered attendees 17 hours of CME covering topics in women's health, sports medicine, pediatrics, behavioral health, and lifestyle medicine.

This year we offered several workshops that attendees kept talking about - joint injections, wilderness medicine, and osteopathic manipulation. Friday evening we held a free welcome reception followed by an advocacy round table with AAFP President Sara Nosal, MD, FAAFP, Maine State Representative and family doctor Sam Zager, MD, FAAFP, and the chair of our Rural Maternity Task Force Marya Goettsche Spurling, MD, FAAFP. On Saturday, we held our annual business meeting during lunch where new board members were sworn in, two members received their Degree of Fellow from AAFP – Kendra Paradis, DO, FAAFP and John W. Diefenderfer, DO, FAAFP, and our annual awards were presented.

We finished off the day with making smores and roasting marshmallows in the Samoset's large indoor fireplace. Many family members joined in the fun as we celebrated the conclusion of another successful meeting. We hope you will join us next year as we return to the Samoset in May 2027 for more learning, reminiscing with old colleagues, and relaxing at a resort with your family. If you would like to present at our annual update or have suggestions for future speakers, please let us know.