

MAFP Physician of the Year Award – 2026

Rose Fuchs MD was awarded the Family Physician of the Year award. This award recognizes an MAFP member with extraordinary accomplishments and service to family medicine over the past year. The recipient exemplifies exceptional dedication to their patients, makes meaningful contributions to their community, demonstrates strong commitment to the practice of family medicine, and serves as a role model to their peers.

Rose is someone truly dedicated to her patients and who had a fascinating journey into family medicine. She grew up in rural Wisconsin and went to the University of Minnesota for college but stopped after 1.5 years and subsequently volunteered in health care in India, Israel, and Egypt. She returned to the US and trained as midwife in Texas. After getting married, she moved to Hawaii and got her Bachelor of Science in Nursing. Soon after, she was persuaded to attend medical school and graduated from the Medical College of Georgia in 2000. After attending family medicine residency in Atlanta she remained in Georgia & Tennessee working at her residency and other primary care clinics while also volunteering in clinics for Amish and Mennonite communities.

She moved to Maine in 2013 and worked at Kathadin Valley Health Center for 5 years before opening a private practice which she still runs now. She is a quintessential family doctor practicing full spectrum family medicine including nursing home care, being a school physician for 2 local schools, and doing home based care for the Amish community in Northern Maine.

She continues to provide maternity care despite the closure of Houlton's labor and delivery unit in 2025. She was recently featured by the Maine Monitor in the Bangor Daily News for her work supporting a high-risk obstetric patient after the closure.

She is passionate about family medicine and making an impact of the world around her. We knew we made the right choice in selecting Rose when she wrote the following in her email back to us after we informed her she was selected for this award. She wrote "I am humbled and honored to read this email, and frankly surprised. Like so many family physicians, I am content to serve quietly in the background, just trying to make lives better, one patient at a time."