Hi Rick.

Thanks for writing. It's been a journey.

I'm about five weeks in.

Sunday (editor's note: 12/13/20) was a rough day.

My doctor says I'm in the last phase. Energy level varies and sleeping at night-impossible. It's brutal.

I hope you and Karen don't catch this.

I appreciate the note and update. I feel fortunate I am getting through this, but feel awful for those not as fortunate.

And goodness the Vikings are bad.

-Mark