

"Today is my last day at News Channel 3 as I begin a new journey next week in the nonprofit world as Communications Director with the [American Heart Association - Michigan](#), an organization I worked with over 10 years ago. I'm so grateful they have welcomed me back to help spread the message about their life saving work. I look forward to the work/life balance and the flexibility of working from home and prioritizing what matters most - my family. After all, that's where my heart is.