Rick:

I have been recovering from major back surgery in March.

I had been dealing with back pain and numbness in my legs for a couple of years. I saw my pain medicine specialist in December, and she recommended I see my back surgeon as soon as possible.

In January I was told I needed an Anterior/ Posterior ALIF fusion.

Which meant I was going to have two surgeries in one week.

The reason was because the bottom half of my spine had collapsed. It has been a journey, but I am getting better each day and looking forward to fully get back into the swing of things.

The surgeon said one year for a complete recovery.