

STUDY STRATEGIES TO LEARN ONLINE

The Academic Coaches at Georgia Tech have created these tips to help you get motivated and succeed in online learning. If you need to talk and get grounded, schedule an online Academic Coaching appointment. You got this—GO JACKETS!

FOCUS ON WHAT YOU CAN CONTROL

What will be the new instruction method? How will your professor and students communicate? What key dates have changed? What resources are available (online, friends, GT) to help you learn this material? Make a list of these details for each class and display them.

ASK QUESTIONS AND STAY IN THE KNOW

Get in the habit of checking Canvas and emails for professors' and advisors' updates frequently. Make a list for the day based on what you see to keep you accountable. ***Staying in the know is the key to this game.***

CREATE A NEW ROUTINE

You may be tempted to sleep late and only work when deadlines are due. Resist that urge and create a new routine to give you purpose and stability. Use the **Weekly Schedule** to create a routine for yourself for the rest of the semester.

FIND A STUDY SPACE

Creating a space for studying will help you get in the right mindset. Studying on your bed or couch may have worked in the past but finding a designated space—maybe a chair and a desk somewhere tucked away from the buzz of the house—will help you stay focused.

STUDY STRATEGIES FOR EFFECTIVE ONLINE LEARNING

Your ***ability to focus and stay engaged*** while you watch lectures is of the utmost importance. You shouldn't be texting friends or talking to your roommates while having the professor's lecture playing on the computer.

Take 20-30 minutes after the lecture to review your notes, making a quick mental (or written) summary of what the professor just said. What you are trying to do is consolidate the information recently acquired.

If you have attended coaching, you know we love the Chunking Method over the Cramming Method. Distribute the work over a few days, allowing yourself to work a little bit at a time rather than all at once. This will allow your mind to forget and then recall.

Communicate respectfully and promptly with your faculty when you experience challenges. Pretending there isn't a problem may seem more comfortable, but in the long run, that can create more difficult consequences.