

Natick 180 Trainings

Natick 180 is our community resource for addiction education, prevention, and recovery. We offer several trainings for FREE to the community. Explore our training offerings below.

Narcan Training

This 1-hour training provides an overview of the signs/symptoms of an overdose and how to administer Narcan, a medication that can reverse an opioid overdose. Free Narcan is provided during the training.

QPR: Suicide Prevention Training

This 2-hour training teaches participants to recognize the signs/symptoms of suicidal behaviors and learn how to assist somebody who may be suicidal.

Youth Mental Health First Aid

This 7-hour training teaches adults to identify, understand, and respond to signs of mental illness and substance use disorder in youth ages 12-18.

To learn more or register for an upcoming training, contact Natick 180 at natick180@natickma.org or (508) 647-6623