



**100 Mile Club at Flagstaff Academy is coming! Starting Tuesday, September 3rd!**

**Mondays, Tuesdays, Thursdays - 7:15-7:45 a.m.**

**Cost:** \$55 per student for the year (\$40 Registration and \$15 activity fee; includes a challenge accepted card, t-shirt, water bottle, backpack!)

Staff/Parents - \$15.00 covers Tshirt/Incentives

The 100 Mile Club "provides all individuals the opportunity to experience fitness and TRUE personal success by Accepting the Challenge of running (or walking) 100 miles at school during a single school year."

Everyone is welcome no matter what the fitness level or grade level!

**[Register through Dragon Flight starting Friday, August 23rd](#)**

For more details or questions, contact Kristie Rollman at [krollman@flagstaffacademy.org](mailto:krollman@flagstaffacademy.org)

With student name, teacher, parent names/emails, t-shirt size

[Check out the 100 Mile Club page on our website!](#)

*\*For Free and Reduced, there will be NO Dragon Flight registration fee. Opportunities to sponsor a runner at \$10 will be available.*

