



100 Mile Club at Flagstaff Academy is coming! Starting Tuesday, September 3rd!

Mondays, Tuesdays, Thursdays - 7:15-7:45 a.m.

Cost: \$55 per student for the year (\$40 Registration and \$15 activity fee; includes a challenge accepted card, t-shirt, water bottle, backpack!)

Staff/Parents - \$15.00 covers Tshirt/Incentives

The 100 Mile Club "provides all individuals the opportunity to experience fitness and TRUE personal success by Accepting the Challenge of running (or walking) 100 miles at school during a single school year."

Everyone is welcome no matter what the fitness level or grade level!

Register through Dragon Flight starting Friday, August 23rd

For more details or questions, contact Kristie Rollman at krollman@flagstaffacademy.org

With student name, teacher, parent names/emails, t-shirt size

[Check out the 100 Mile Club page on our website!](#)

**For Free and Reduced, there will be NO Dragon Flight registration fee. Opportunities to sponsor a runner at \$10 will be available.*

