

Aspirus Week 2022

MONDAY

9

E-Bingo

Card pick up is at the HR One Stop. Numbers will be emailed to you every day at 12:00pm. Return winning cards to HR One Stop or by email to HR-NorthernRegion@Aspirus.org by the end of the day on Monday (5/16). Cards must have name and employee number to be considered.

Adult Coloring Contest

Page pick is up at the HR One Stop or print off from email. Pages are due at the HR One Stop or by email to HR-NorthernRegion@Aspirus.org no later than the end of the day on Monday (5/16). Pages must have name and employee number to be considered.

TUESDAY

10

Photo Op Contest

Take a photo with a coworker you are thankful for in the basement hallway by Classroom A. A random winner will be drawn. Email submissions to HR-NorthernRegion@aspirus.org

Pin the Tie on the Aspirus Guy

10:00am - 1:30pm

Classroom B

Aspirus Trivia Contest

10:00am, 11:00am, 12:00pm, 12:30pm, and 1:00pm.

Classroom A

WEDNESDAY

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Senior Leadership "Cook In"

10:30am - 1:00pm

Enjoy a burger or hot dog, chips, soda, and a frozen treat served by your Senior Leadership Team!

Minute - To - Win - It Games Part 1

10:00am - 1:30pm

Come down to the basement by the elevators to play some fun games! We will be playing Moving Up and Water Bottle Flip!

THURSDAY

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Minute - To - Win - It Games Part 2

10:00am - 1:30pm

Come down to the basement by the elevators to play some fun games! We will be playing Stack Attack, Hershey's and Chopsticks, and Aspirus Pong!

AMHF Sweet Treats

Enjoy some sweet treats delivered to your workstations, a gift from coworkers who want to show their appreciation for you!

FRIDAY

13

Casual Day

Join us in dressing casual for the day! All employees are welcome to wear an approved t-shirt. Non patient care employees may also wear jeans. (Please see list of appropriate Casual Day wear).

Cookies

10:00am - 1:30pm

Enjoy a free cookie courtesy of our senior leadership team!

Drop Off

Don't forget to submit your bingo cards and coloring pages by Monday at the end of the day to the HR One Stop or by email to HR-NorthernRegion@Aspirus.org!

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Contests and Games: Schedule and Details

E-Bingo - All Week

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Adult Coloring Contest - All Week

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Photo Op Contest - Tuesday

Backdrop will be up from 8:00am - 4:30pm. Take a photo with a coworker you are thankful for in the basement hallway by Classroom A. A random winner will be drawn. Please email your submissions to HR-NorthernRegion@aspirus.org

Pin the Tie on the Aspirus Guy - Tuesday

10:00am - 1:30pm in Classroom B. Write your name on the back of your tie. Cover your eyes, spin, and attempt to pin the tie on Dale Hustedt's picture. The tie closest to the correct place wins.

Aspirus Trivia Contest - Tuesday

Classroom A. Bring your mobile phones (we will have a limited number available) and have them connected to the Aspirus WiFi! Go to www.kahoot.it and enter the game code. Each session will take around 15 minutes.

Trivia Sessions:

10:00am
11:00am
12:00pm
12:30pm
1:00pm

Moving Up - Wednesday

10:00am - 1:30 pm in the basement by the elevators. Grab the top cup with one hand and, with the same hand, move it to the bottom of the stack. Then, with the other hand, grab the next cup and do the same thing. Continue moving the cups, one at a time with alternating hands, until the blue cup is once again at the bottom of the stack.

Water Bottle Flip - Wednesday

10:00am - 1:30 pm in the basement by the elevators. Hold the top of a half - full water bottle. Flip it in the air and land it on the bottom so it stands up. Do this as many times as you can in one minute

Stack Attack - Thursday

10:00am - 1:30 pm in the basement by the elevators. Players have a minute to stack 36 cups in a pyramid, take them down in a diagonal fashion, and then reverse stack them back to the starting position (stacked all together). If the pyramid tower falls at any point, they must start over. Whoever completes this in the shortest time wins.

Hershey's and Chopsticks - Thursday

10:00am - 1:30 pm in the basement by the elevators. Use the chopsticks to pick up and move as many Hershey Kisses into the other bowl as you can. The individual that can move the most in a minute wins.

Aspirus Pong - Thursday

10:00am - 1:30 pm in the basement by the elevators. Toss ping pong balls into each of the six cups before the minute is up to win! Each throw will only count for one cup. Bouncing does not count for additional cups. Making two cups in a row does not mean you get to remove an extra cup.

Minute - To - Win - It!



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Casual Day Information

Approved T-Shirts

- Casual for a Cause t-shirt
- Aspirus gear
- Department-specific gear
- T-shirts from previous Aspirus events
- Taylor County Moving for a Cure 5K Run/Walk t-shirts

Jeans

- Non-patient care employees may wear jeans.
- Jeans must be full length (no capris or shorts).
- Jeans with holes will not be accepted.