Do you or someone you care for have prediabetes?

Join the

Prevent T2 EACH Program



More than
1 in 3 adults

in the U.S. have prediabetes, but most people don't know they have it.



About the Prevent T2 EACH Program

We're here to help! This is a year-long, group support program for people with prediabetes.

This program helps patients lower their risk through lifestyle changes.

First session: **Wednesday, September 18th, 2024**
Time: **4pm to 5pm EST**
Location: **Virtual(zoom meeting)**

Prediabetes means you are at a higher risk for diabetes, heart disease, and stroke.

EACH
at your service
Enhance Asian Community on Health, Inc.

Working together to improve the health of our communities.

Call 617 905 6329 or email qtu@each4asian.org to learn more or enroll today!