

For CHWs in Massachusetts

# Detecting and Managing High Blood Pressure and Self-measured Blood Pressure (SMBP) Basic Training

CONTINUING  
EDUCATION  
CREDITS  
AVAILABLE

This in-person training offers hands-on, expert-led instruction focused on:

- Accurate blood pressure measurement
- Classification
- Measurement variations
- Self-measured blood pressure monitoring
- and more!

Participants will gain practical skills and knowledge, aligned with standard guidelines.

This training is open to all **Community Health Workers in Massachusetts**, including those working at Health centers, Local Boards of Health, Senior Centers, Aging Services Access Points, and Community-based Organizations



#### Past participants say:

“Facilitators were excellent and very knowledgeable.”

“The layout and instruction made it a welcoming environment for learning!”

“The theory and practicum were exceptional!! Loved it and learned a lot!”

**Limited spots available, secure yours today!**



**WEDNESDAY, OCTOBER 7, 2026**  
**8:30 A.M. - 12:30 P.M. (ET)**



**MA DEPARTMENT OF PUBLIC HEALTH**  
**67 FOREST ST., MARLBOROUGH, MA**

**[Click Here to Register Now](#)**



For more information: [kamille.carthy@mass.gov](mailto:kamille.carthy@mass.gov)  
A program of MCD Global Health Training and Technical Assistance

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