A Message to Community Health Workers

Dear Community Health Workers,

At the Diabetes Program and the Office of Community Health Workers at the Massachusetts Department of Public Health, we want to take a moment to acknowledge and celebrate the invaluable role you play in diabetes prevention and management within our communities.

Your dedication, compassion, and unwavering commitment to improving the health and well-being of individuals living with diabetes is truly commendable. You are more than just advocates; you are trusted allies in the fight against diabetes. Your deep understanding of the cultural, social, and economic factors that influence health enables you to connect with individuals in a unique and meaningful way. You bridge the gap between healthcare providers and the communities we serve, ensuring that vital information about diabetes prevention and management reaches those who need it most.

Through your tireless efforts, you empower individuals to take charge of their health. You educate them about the importance of regular screenings, healthy eating, physical activity, and medication adherence. Your ability to provide personalized support and encouragement can make all the difference in someone's journey towards better health. We recognize that the challenges you face are significant. The complexities of diabetes and its management can be overwhelming for many, but your skills and expertise help simplify these challenges. Your work not only promotes better health outcomes but also fosters a sense of community and belonging among individuals living with diabetes.

Your contributions extend beyond individual support; you are essential in building community awareness and mobilizing resources.

Thank you for your hard work, resilience, and passion. We are grateful for the transformative impact you have on the lives of individuals and families affected by diabetes.

Let's continue to work together, supporting one another as we strive to reduce the burden of diabetes and enhance the quality of life for everyone in our communities.

With gratitude,

The Diabetes Program & Office of Community Health Workers
Massachusetts Department of Public Health