Advanced Lifestyle Coach Training

If you are interested in any of these trainings, email jennifer.brais@mass.gov for a free registration code!



High-Touch Coaching™ for Positive Lifestyle Change: "Participant's Voice and Consistent Support"

June 27, 2023 | 10 AM PT | 1 PM ET



High-Touch Coaching™ for Positive Lifestyle Change: "Relationship Building, Reflection and Self-Assessment"

July 11, 2023 | 10 AM PT | 1 PM ET



High-Touch Coaching™ for Positive Lifestyle Change: "Participant-Centered Engagement and Customized Learning"

July 18, 2023 | 10 AM PT | 1 PM ET



High-Touch Coaching™ for Positive Lifestyle Change: "Lived Experience and Intersectionality"

July 25, 2023 | 10 AM PT | 1 PM ET