



Food & Community Resources Guide

Supervisor Shanelle Scales-Preston | District 5 | Contra Costa County



Community Food Support During the Federal Shutdown

As the federal shutdown continues, many Contra Costa County families are experiencing delays in federal nutrition benefits. To help bridge the gap, local food programs, churches, and nonprofit partners throughout **District 5** are offering free groceries, produce, and prepared meals to individuals and families in need. These programs are available to all residents – **no CalFresh benefits or application required.**

Countywide Quick Links

- Food Bank of Contra Costa & Solano: www.foodbankccs.org/find-food •
☎ **855-309-FOOD** (3663)
- **2-1-1 Contra Costa:** 24/7 referrals for food, housing, and more – just dial **2-1-1**
- Meals on Wheels Contra Costa: Nutritious home-delivered meals for seniors •
☎ **866-669-6697**
- **White Pony Express:** Free groceries, clothing, and essentials •
☎ **925-322-0604**
- Loaves & Fishes of Contra Costa: Daily meals and pantry support in multiple cities •
☎ **925-293-4792**

Pittsburg – Community Produce Program & Pantries

Community Produce Program Sites

- **Buchanan Park:** 1st & 3rd Tue, 12 – 1 PM
- **Pittsburg City Park:** 1st & 3rd Tue, 2 – 3 PM
- **First Baptist Church:** 1st & 3rd Thu, 11:30 AM – 12:30 PM
- **Pittsburg Historical Museum:** 2nd & 4th Thu, 12 – 1 PM
- **Solomon Temple:** 2nd & 4th Thu, 2 – 3 PM
- **WIC Pittsburg:** 1st & 3rd Thu, 1:30 – 2:30 PM
- **El Pueblo Housing Development:** 2nd & 4th Sun, 12:30 – 1:30 PM



Additional Pantries & Programs

- **Church of the Good Shepherd** – St. Vincent de Paul • ☎ **925-432-6404**
- **First Baptist Family Life Center** • ☎ **925-432-7491**
- **St. Vincent de Paul Family Resource Center** • ☎ **925-439-5060**
- **Loaves & Fishes of Contra Costa** (Free daily meals; also in Martinez) • ☎ **925-293-4792**

Bay Point – Mobile Pantry & Senior Program

- **Ambrose Community Center:** 2nd Wed each month, 10 AM – 12 PM •
☎ 925-458-1601
- **First AME Church:** Senior Food Program • 2915 Willow Pass Rd •
☎ 925-439-2260
- **Our Lady Queen of the World:** Food pantry and needs-based assistance • ☎ 925-458-4718

Martinez – Meals & Essentials

- **Loaves & Fishes of Contra Costa:** Free to-go meals Mon–Fri 11 AM – 12:45 PM • 835 Ferry St •
☎ 925-293-4792
- **White Pony Express:** Groceries & clothing distribution • 3380 Vincent Rd, Concord •
☎ 925-322-0604

Hercules • Pinole • Rodeo • Crockett – West County

- **St. Callistus Catholic Church:** St. Vincent de Paul (El Sobrante): Pantry Mon & Thu 11–12 PM
☎ 510-243-7501 (Serving zip codes 94803 & 94806 only-**ID Required**).
- **Richmond Emergency Food Pantry:** Mon & Friday 11 – 2 PM • 2369 Barrett Ave •
☎ 510-235-9732 (ID Required)
- **Bay Area Rescue Mission:** Hot meals & pantry • Mon–Fri 8 – 4 PM Saturday 8–3PM
200 Macdonald Ave • ☎ 510-215-4884
- **Vista Hills Community Church (Pinole):** Monthly foodbank 3 – 5 PM •
☎ 510-223-9180 • Food Pantry Calendar: bit.ly/4oOKeqH
- **Pinole Valley High School:** Care Package Food Drive (Nov 3 – 19)
- **Crockett & Rodeo Community Food Drive Sites:** D's Giant Burger (Rodeo) and J&L Market (Crockett)



Other Areas

(Vine Hill • Pacheco • Reliez Valley • Mountain View • Alhambra Valley • Clyde • Port Costa)
These neighborhoods are served through the Food Bank Mobile Pantry and Loaves & Fishes outreach from Martinez. Use the Food Finder Tool or **dial 2-1-1** to locate your nearest site.

Additional Help & Notes

- **Call ahead to confirm times and or requirements** – schedules may change.
- Bring a reusable bag; some sites may request photo ID or proof of address.
- For senior meals: Meals on Wheels Contra Costa **(866) 669-6697**
- For other assistance: **Dial 2-1-1** for 24/7 multilingual help



Pet Food Resource

- **Contra Costa Humane Society: AniMeals Program • Locations Vary •**
☎ 925-279-2247

Stay Connected: For ongoing updates, local events, and resource news; Sign up for Supervisor Scales-Preston's Newsletter: <https://www.contracosta.ca.gov/781/District-5-Supervisor-Scales-Preston>



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