

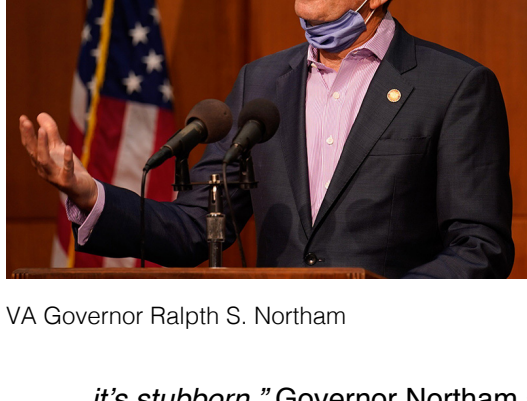
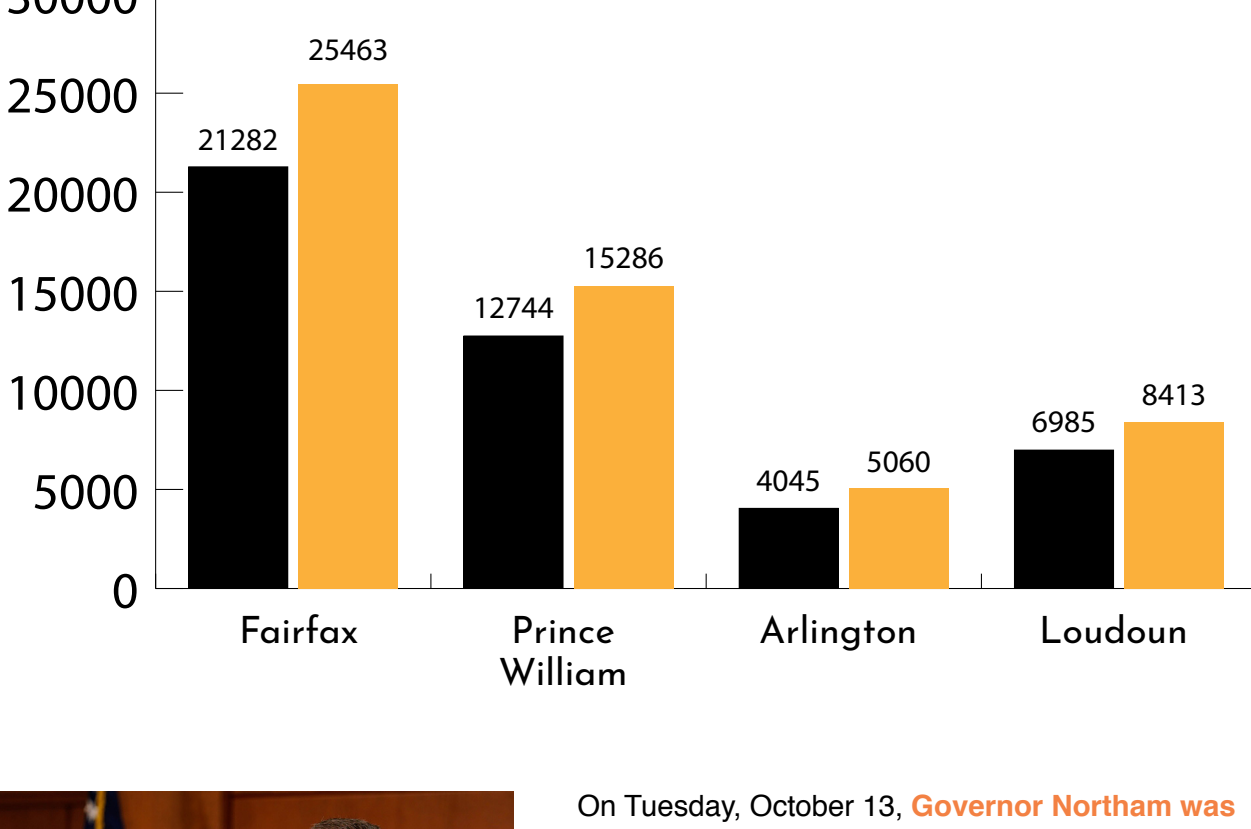
# BPSOS Falls Church NEWSLETTER

## November 2020

### COVID-19 CASES IN VIRGINIA

as of November 9<sup>th</sup>

LOCATION	OCTOBER	NOVEMBER
Fairfax County	21282	25463
Prince William County	12744	15286
Arlington County	4045	5060
Loudoun County	6985	8413
<b>VIRGINIA</b>	<b>152k+</b>	<b>193k+</b>



VA Governor Ralph S. Northam

On Tuesday, October 13, **Governor Northam was cleared by health officials to leave isolation and return to work, after his battle with COVID-19.** He thanked Virginians for their prayers and well-wishes as he and his wife recovered from COVID-19.

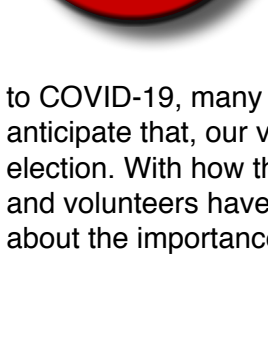
Under health guidance from the Centers for Disease Control and Prevention, individuals who test positive can generally discontinue isolation after 10 days and resolution of symptoms. None of the 65 people identified as close contacts of the Governor through contact tracing by the health department have tested positive for the virus.

*"When that test comes back positive, it is frightening. This is a dangerous virus. It's very contagious, and it's stubborn," Governor Northam said. "It's too easy to think, oh, this will never happen to me. But it can. Please take this virus seriously. Please continue to abide by public health guidance – washing hands, wearing masks, and avoiding crowds. This is a marathon, not a sprint, and I know everyone is frustrated. But we're not out of the woods. We are in this together, and that means we must act to protect not just ourselves, but each other."*

Follow [governor.virginia.gov](https://governor.virginia.gov) for more detail.

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### GET OUT TO VOTE ON NOVEMBER 3<sup>RD</sup>!

With the Presidential election at the corner, in October, BPSOS Get Out to Vote program coordinator and volunteers have been encouraging our community to exercise their civic duty.

From October 3<sup>rd</sup> to November 2<sup>nd</sup>, we have **canvassed the total of 3210 households in Springfield, Falls Church and Annandale.** Due to COVID-19, many people have considered other voting method beside voting in-person. Having anticipate that, our volunteers distributed materials about different ways to vote safely in this election. With how this year's election is gathering unprecedented attention nationwide, our staffs and volunteers have spent their weekends educating and raising awareness in our community about the importance of voting for the Presidential election.

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### REGISTER FOR HEALTH INSURANCE NOW! OPEN ENROLLMENT STARTS FROM 11-1 TO 12-15

#### KEY THINGS TO REMEMBER!

- ❖ Marketplace Open Enrollment for 2021 health insurance is **November 1, 2020 - December 15, 2020.**
- ❖ Before then, you can enroll in Marketplace coverage **ONLY IF** you qualify for a "Special Enrollment Period" due to certain life changes (e.g. marriage, birth, permanent move, loss of other coverage.)
- ❖ Some people will qualify for **Virginia's New Health Coverage for Adults** that began on January 1, 2019. **You can apply for this new adult coverage and Medicaid year-round!**
- ❖ Marketplace and Medicaid enrollees need to shop for the **right plan** that fits their budget and includes their doctors, hospital, and medicines.
- ❖ There is no tax penalty if you don't have health insurance in 2020 but staying covered is **SMART!** You never know when you might get sick or have an accident.

**BPSOS can answer your questions, help you apply, compare plans, enroll in Marketplace or Medicaid coverage, see if you can get help paying for coverage, and more!**



Website: [www.bpsos.org](http://www.bpsos.org)  
Statewide Toll-free Hotline: 1-888-392-5132  
E-mail: [info@bpsos.org](mailto:info@bpsos.org)  
Schedule an Appointment with an Assister: 703-538-2190  
Find a community event in your area: <http://www.enrollva.org/events>  
Apply online: [www.healthcare.gov](http://www.healthcare.gov)  
Marketplace Call Center: 1-800-318-2596 (TTY users 1-855-889-4325)  
Virginia Medicaid and FAMIS insurance programs: <https://www.coverva.org> or Call 1-855-242-8282; ONLINE application at [www.commonhelp.virginia.gov](http://www.commonhelp.virginia.gov)

BPSOS is supported by the Virginia State Corporation Commission and the Virginia Health Benefit Exchange, in accordance with the provisions of Va. Code § 38.2-6513(B). The contents provided are solely the responsibility of the authors.

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### DOMESTIC VIOLENCE

## Awareness Month 2020

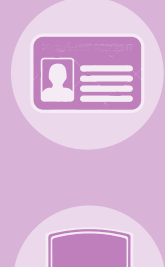
Did you know that October is **Domestic Violence Awareness Month**? Due to COVID-19, it is more important than ever to reach out to our community in order to identify and assist those struggling with domestic abuse during a pandemic. At BPSOS Fall Church, we made sure people know that our CADV program was still going on despite COVID-19, and together we have kept making contributions to the community during hard times.



**Rental Assistance:** provide resources to help DV survivors pay rent



**Necessities Assistance:** food, milk, medicines, baby essentials,...



**Health Insurance Assistance:** enroll, update and renew health plans



**Immigration Assistance:** guide and refer to lawyers for green card or citizenship application



**Protection Order:** guide clients on how to apply for a protection order

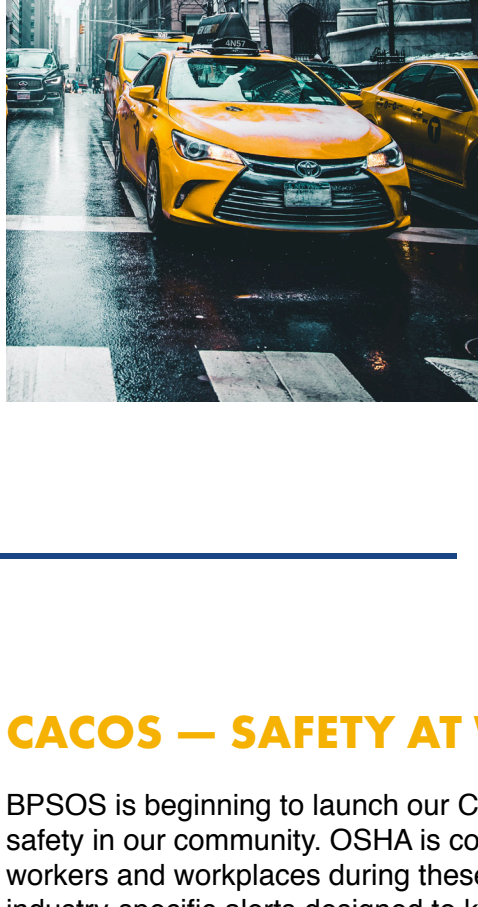
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### GOING FASTER

In October, our HAPP and RISE-TRAN project coordinator has successfully **applied taxi voucher for 5 people and educated about 10 people to use Uber and Lift app.** As seniors, they appreciated this program a lot since it helped them catch up to otherwise missed opportunities and benefits in transportation.

In addition, we also **referred 15 seniors to their appropriate medical services.** We understand that health declines with age, so keeping track of one's health and body is increasingly important for the elders. We also **assisted 2 seniors with transportation so that they were able to go to their doctor appointments.**

For more information, please contact (703) 538-2190.

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### CACOS — SAFETY AT WORK

BPSOS is beginning to launch our CACOS program, which raises awareness about occupational safety in our community. OSHA is committed to protecting the health and safety of America's workers and workplaces during these unprecedented times. The agency will be issuing a series of industry-specific alerts designed to keep workers safe.

If you operate or work at a hair or nail salon, the following tips can help reduce the risk of exposure to the coronavirus.



**Facemasks:** Licensee and all customers must also wear a mask when entering the salon. Even if you have a face shield in nail salon services, you still have to wear a mask at all time.



**Disinfection:** Nail and barber tools must be disinfected with a specialized substance before serving each customer. Items that customers come in contact with must also be disinfected regularly.



**Wash hands frequently:** Ask customers and staff to wash their hands before and after the appointment.

## BPSOS BRANCHES

<b>BPSOS-AL (Alabama)</b>	(251) 517-3011
<b>BPSOS-CA (California)</b>	(714) 897-2214
<b>BPSOS-GA (Georgia)</b>	(770) 458-6700
<b>BPSOS-MS (Mississippi)</b>	(228) 436-9999
<b>BPSOS-TX (Texas)</b>	(281) 530-6888
<b>BPSOS-VA (Virginia)</b>	(703) 538-2190