

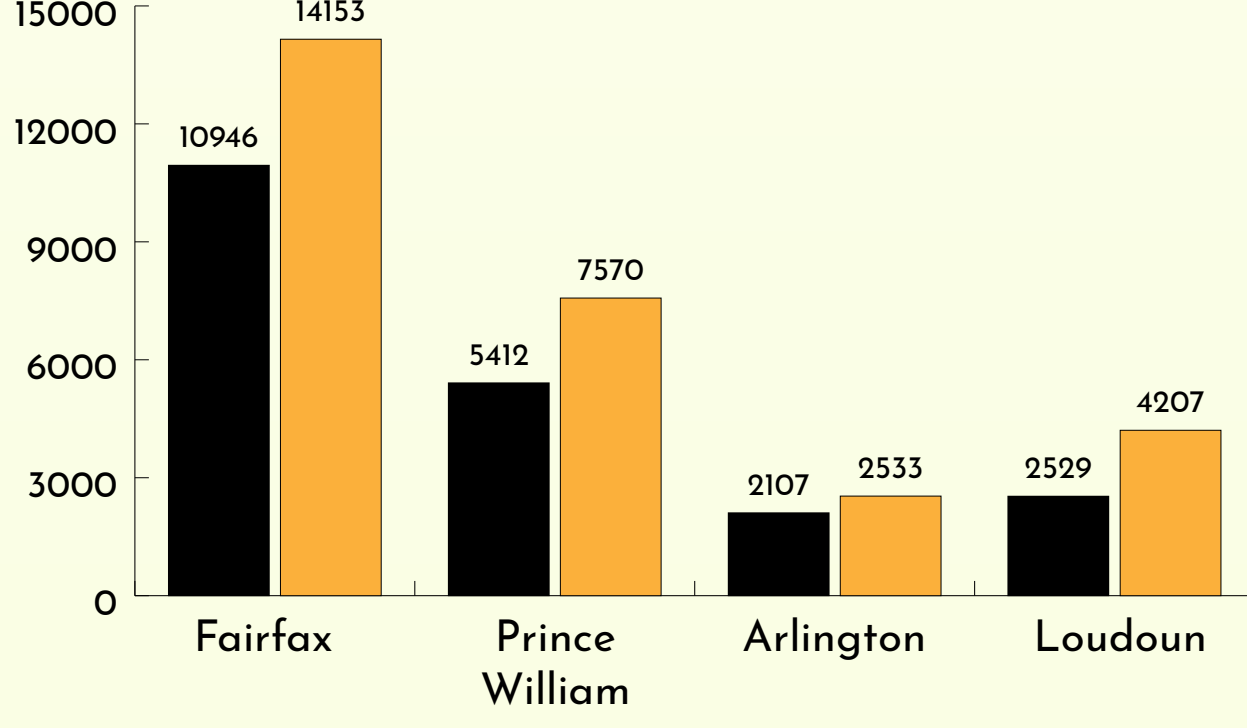
BPSOS Falls Church NEWSLETTER

July 2020

COVID-19 CASES IN VIRGINIA

as of July 5th

LOCATION	JUNE	July
Fairfax County	10946	14153
Prince William County	5412	7570
Arlington County	2107	2533
Loudoun County	2529	4207
VIRGINIA	48532	65748



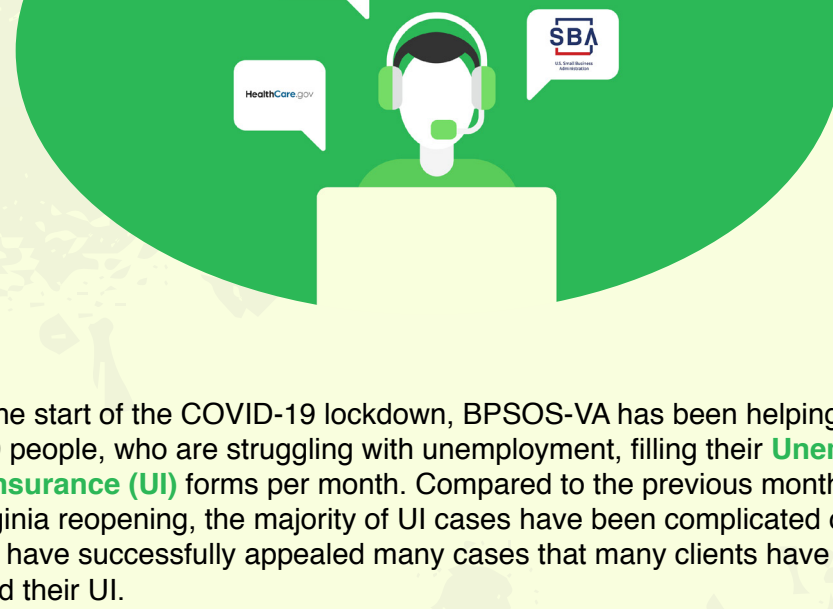
Governor Ralph Northam announced that **bar seating will remain prohibited in restaurants** as the Commonwealth moves into Phase Three at midnight on June 30th. While key health indicators in Virginia are improving, the Governor made clear that he is taking a cautious approach and is prepared to implement tighter restrictions if needed. To reduce the likelihood of patrons gathering in bar areas without observing social distancing guidelines, bar seating and congregating areas of restaurants will remain closed except for those passing through. Restaurants may use non-bar seating in the bar area, as long as a minimum of six feet between tables is provided.

"In Virginia, our hospitalization rates have fallen, our percentage of positive tests continues to trend downward, and we are conducting more than 10,000 tests each day. We want these trends to continue, but if our public health metrics begin moving in the wrong direction, I will not hesitate to take action to protect the health and safety of our communities"

— Governor Northam

Despite positive trends, Governor Northam is monitoring increases in several states, and taking proactive steps to limit the spread of COVID-19 in Virginia. Governor Northam also continues to remind Virginians that they are safer at home, especially if they are high-risk or vulnerable. **All Virginians must continue to comply with the statewide face covering requirement in indoor public spaces, and Virginians are strongly encouraged to continue practicing social distancing.**

Follow governor.virginia.gov for more detail.



Since the start of the COVID-19 lockdown, BPSOS-VA has been helping more than 50 people, who are struggling with unemployment, filling their **Unemployment Insurance (UI)** forms per month. Compared to the previous months, since the Virginia reopening, the majority of UI cases have been complicated ones, and we have successfully appealed many cases that many clients have happily received their UI.

Additionally, our certified experienced navigators have been helping clients update their **health insurance** to a more suitable plan during this pandemic. Due to the change in income, many people were eligible for insurances that they weren't before that are better suited their needs. The traditional unemployment benefit and Pandemic Unemployment Assistance (PUA) also make it necessary to update a person's income. Furthermore, we aim to educate our clients about health insurance literacy so that they will be more confident in the future. Since April, we helped more than 300 people with their health insurance problems and questions. For more information, please call **(703) 538-2190**.



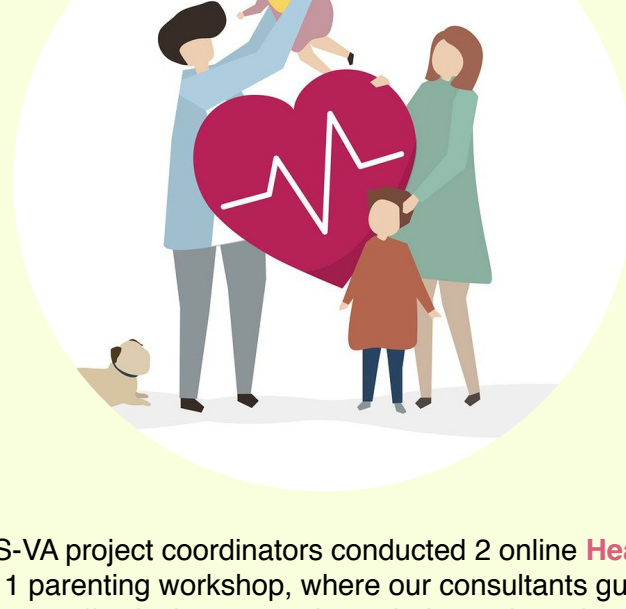
The 2020 Census is nearing its end in August. The majority of American households have responded—and more are responding every day. **Because of social distancing, the most effective action you can do is to respond online, by phone, or by mail when you receive your invitation**

Responding to the census is not only your civic duty; it also affects the amount of funding your community receives, how your community plans for the future, and your representation in government. Data from the 2020 Census are used to:

- Ensure public services and funding for schools, hospitals, and fire departments.
- Plan new homes and businesses and improve neighborhoods.
- Determine how many seats a state is allocated in the House of Representatives

BPSOS-VA has been helping more than 300 people filling out the census online and over the phone in June. Especially, the seniors in our community were very happy to participate in the Census. They reminded and referred their peers and family members to us as well. They expressed their wish to have more funding for housing, Medicaid and SNAP benefits, etc.

If you haven't responded to the Census, please do so as soon as you can. You can do it online or if you need help, please contact our office at **(703) 538-2190**.



In June, BPSOS-VA project coordinators conducted 2 online **Healthy Marriage** workshops and 1 parenting workshop, where our consultants guided family members on how to effectively communicate their needs and wants. We employed strategies and team building exercises to create a space that encouraged healthy discussions among parents and children.

Due to covid-19, we wasn't able to carry out our annual summer camp this year. Instead, we conducted a **virtual, online family camp**. Children were given opportunities to engage with their parents via activities such as cooking with mom and painting with dad. In collaboration with Hoa Nghiem Temple, in the virtual camp, we also hosted an **online 2020 graduation** for high school students, 2 bachelors, 1 master and 1 doctor graduate. We wanted to show our support to hard-working community members who were not able to have a real-life graduation this year.

For more information, please contact **(703) 538-2190**.



During COVID-19, our **domestic violence (DV)** clients have been getting assistance at BPSOS-VA thanks to Virginia Department of Social Services (VDSS). We have supported \$900 for rent per month for 3 months to clients with children and who couldn't work because of pandemic. We also provided diapers, medicines, milks, food and other necessities for these clients and their children who needed it more than ever. Our clients were very grateful and appreciated our efforts. For more information, please contact **(703) 538-2190**.

BPSOS BRANCHES

BPSOS-AL (Alabama)	(251) 517-3011
BPSOS-CA (California)	(714) 897-2214
BPSOS-GA (Georgia)	(770) 458-6700
BPSOS-MS (Mississippi)	(228) 436-9999
BPSOS-TX (Texas)	(281) 530-6888
BPSOS-VA (Virginia)	(703) 538-2190