

BPSOS Falls Church NEWSLETTER

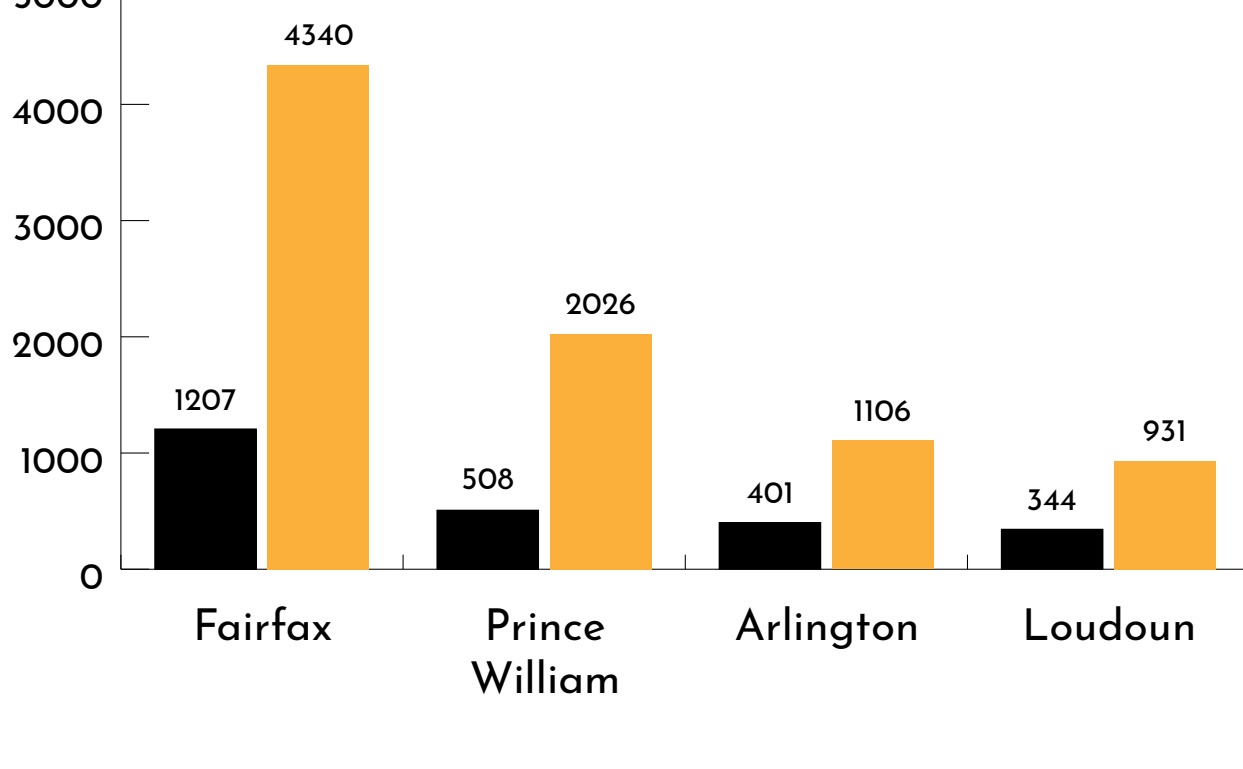
M A Y
2 0 2 0

Stay Inside, Virginia!

NUMBER OF CASES IN VIRGINIA

as of May 5th

LOCATION	APRIL	MAY
Fairfax County	1207	4340
Prince William County	508	2026
Arlington County	401	1106
Loudoun County	344	931
VIRGINIA	5074	19492



Due to the increasing of positive covid-19 cases as shown, on May 4th, VA governor Northam has extended the stay-at-home order (Executive Order 53), which also placed restrictions on businesses and gathering of more than 10 people at least until **May 14th**.

VA government will continue to monitor data to ensure that it is safe enough to reopen. People's safety and wellbeing is the priority: hospitals remain stable and testing is being increased daily. Similar to many other states, reopening will follow 3 phases:

"Phase I of easing restrictions would continue social distancing, teleworking, recommendations that people wear face coverings in public, and the ban on social gatherings of more than 10 people. It would ease some limits on business and faith communities, and would transition the stay at home directive to a "safer at home" guideline, especially for those in vulnerable populations. It is expected that Phase I would last two to four weeks, as would the two subsequent phases, depending on health metrics." - **Governor Northam**

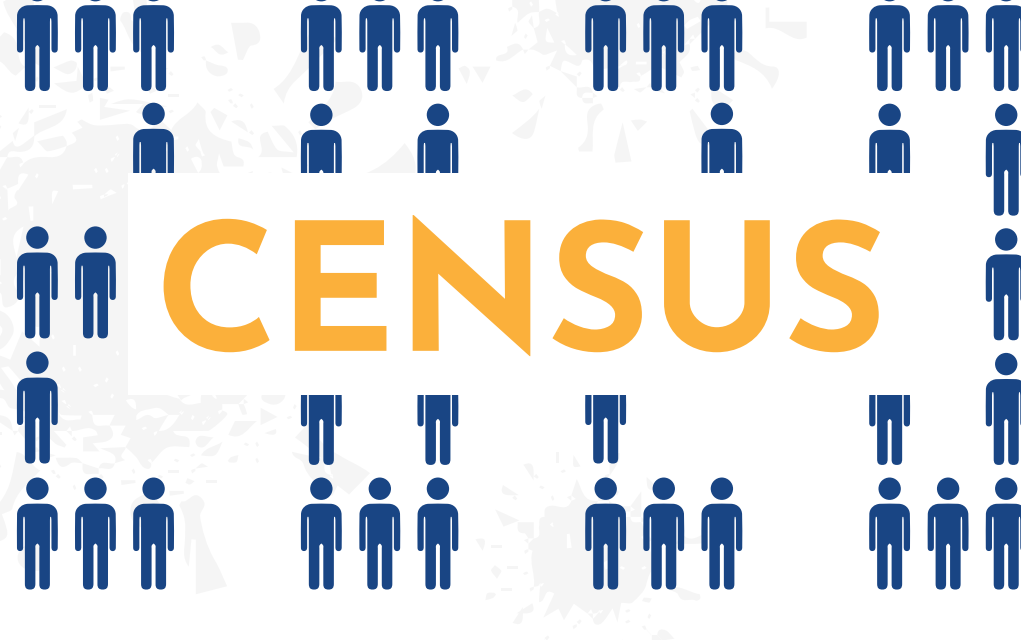
More guidance will follow the next following days.
Follow governor.virginia.gov for more detail.

UNEMPLOYMENT INSURANCE

infected business Covid-19 protection
support Benefits Family vulnerable care
testing job security community

During this pandemic, BPSOS-VA has receiving tons of Unemployment Insurance (UI) requests from our community. While unfunded, our staffs has been busy helping clients to apply for UI successfully. Since we have been working over-the-phone, our clients' geographic is not limited to just Virginia, but all 50 states nationwide. Since March, thanks to our staffs, **more than 50 people** and families have received their UI benefits. For more complex cases, we also did appeals successfully. We also conducted 2 workshops where people can learn how to apply and ask questions about the benefits.

With the overwhelming unemployment rate in the US, a lot of our community members lost their income and as a result, our ACA navigators have been working hard to update their Marketplace information. Our navigators have been helping and are continuing to help many people to switch to a more affordable plan during this hard time. Furthermore, by helping, we aim to educate them about health insurance literacy so that our clients will be more confident in the future. Every month since March, we helped more than 200 people with their health insurance problem and question. For my information, please call **(703) 538-2190**.



The US Census Bureau is actively monitoring Covid-19 and prioritizing people's health during this year's census. **Because of social distancing, the most effective action you can do is respond online, by phone, or by mail when you receive your invitation.** Responding now will minimize the need for the Census Bureau to send census takers out into communities to follow up.

BPSOS-VA is still helping more than 120 people filling out the census online in April. Especially, the seniors in our community were very happy to participate in the Census. They reminded and referred their peers and family members to us as well. They expressed their wish to have more funding for housing, Medicaid and SNAP benefits, etc.

If you haven't responded to the Census, please do so as soon as you can. You can do it online or if you need help, please contact our office at **(703) 538-2190**.

PARENTING EDUCATION

Due to covid-19, public schools in VA have been closed since March 16th. Children have been enjoying their early summer break this year with their families and they are having a lot of time - and a lot of troubles - talking with their parents. We actually have to thank covid-19 for this communication problem between parents and children in our community. This situation has persisted for a very long time, and covid-19 just exposes it now.

The main obstacle is that parents and child can't seem to find a common interest, a common viewpoint and can't emphasize with each other. As a result, they fail to have a meaningful conversation, or any conversation at all. At BPSOS-VA, we are aware of that and that is why our staffs hosted a series of workshop named **"Parenting Education."** Parents who joined our workshops were given advices on how to communicate better. In order to do that, we discussed the mindset of children, especially teenagers, and what influences them the most. We also talked about the challenges, which were the difference in value between generations, traditional parenting style and language barrier. We put emphasis on family time such as dinner, on empathy and sympathy, on how to put oneself in their children's shoes.

The workshops were conducted via Google Hangout on April 21st, 28th and May 1st. After the workshops, every parents came out more thoughtful and having more strategies making conversation with their children. For more information, please contact us at **(703) 538-2190**.

BPSOS BRANCHES

BPSOS-AL (Alabama)	(251) 517-3011
BPSOS-CA (California)	(714) 897-2214
BPSOS-GA (Georgia)	(770) 458-6700
BPSOS-MS (Mississippi)	(228) 436-9999
BPSOS-TX (Texas)	(281) 530-6888
BPSOS-VA (Virginia)	(703) 538-2190