

The Companionship Movement: A Practice of Presence.

Companionship is a ministry of presence, a relationship responding to isolation and suffering and supportive of healing and recovery. Companionship welcomes the stranger, building a circle of care with individuals who are facing emotional and mental health challenges. Companionship is rooted in our natural capacities as human beings to be sensitive, compassionate, and concerned.



As Companions, we act on our concern for another person offering the encouragement of five basic spiritual practices:

- Hospitality
- Neighboring
- Journeying side-by-side
- Listening
- Accompaniment

Faith and Health Partnerships offers online and in-person Companionship trainings throughout the year.

Contact Kirsten Peachey to learn more:

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