

Illinois Events

Mental Health First Aid Training in Chicago

Tuesday, Dec. 3, 9:30 a.m.-noon, Fernwood Park, 10436 S. Wallace St. [RSVP](#).

The Power of the Spirit: Supporting Grieving Family and Professional Caregivers

Thursday, Dec. 5

Noon-1:00 p.m.

Participants in this web seminar will be able to:

- Describe effective practices for broaching the topic of spiritual distress and its relationship to complicated grief among frontline caregivers;
- Describe how compassion fatigue and burnout can be detrimental to the spiritual well-being of grieving caregivers; and,
- List strategies that spiritual caregivers (pastors, priests, clergy, etc.), employers, family members and friends can use to support grieving caregivers.

See [details](#).

HIV/AIDS Summit

Saturday, Dec. 7, 9:00 a.m.-noon

McCormick Theological Seminary, 5460 S. University Ave., Chicago

The Center for African American Ministries and Black Church Studies will host the 15th annual HIV/AIDS Clergy and Lay Leadership Summit. The guest preacher is Rev. Dr. Melva Sampson, Assistant Professor of Preaching and Practical Theology, Wake Forest School of Divinity, and the Panel Facilitator will be Mr. Ulysses Burley, III., founder of UBtheCURE. This year's sessions will explore some the most effective ways faith-based organizations can join the efforts to increase public awareness that can help to stem the spread of the disease. Reservations are required and can be made by contacting [Priscilla Rodriguez](#) or by calling 773-947-6310.

Celebration and Fundraiser Breakfast

Tuesday, Dec. 10, 8:00 - 9:00 a.m.

UBS Tower located at One North Wacker Drive

This will be a joyful time to celebrate Faith in Place's 20th anniversary and the accomplishments of those who worked to protect the earth - from Green Teams creating beautiful native gardens, to hundreds of people rallying at the Statehouse in Springfield to demand clean energy. [Learn more and register](#).

Solar Jobs Training Program Orientation

Thursday, Dec. 12, 10:00 a.m.

Safer Foundation

808 S. Kedzie Ave., Chicago

Individuals age 18 years and older are invited to an orientation session to prepare for the 12-week Solar Jobs Training Program. This comprehensive program prepares students for careers as solar PV installers, site surveyors, project managers, sales, and design reps. Students will receive a stipend, transportation assistance, job placement assistance, and more! See [details](#).

Grief After Sudden Loss: Finding Hope and Healing

Faith leaders luncheon, Dec. 12, 11:30 a.m. - 1:00 p.m.

Free community presentation, Dec. 12, 7:00 - 9:00 p.m.

First Congregational Church of Western Springs

The sudden, sometimes traumatic death of a loved one can be life-changing for those left behind. Survivors may feel regret, guilt and anger over their loss, and oftentimes struggle with complicated grief. The presentation will address common reactions to sudden loss and offer coping strategies.

Webinar: Suicide in Later Life: Who's at Risk and How You Can Help

Jan. 21, 2020, noon-1:30 p.m. ET

In the United States, persons aged 65 and older make up 13% of the population but account for 18% of all suicides. Dr. Judith Stillion will examine trends and hallmarks of elderly suicide and suggest approaches for working with seniors experiencing suicidal ideation. She will also discuss supporting family and friends when a suicide occurs. See [details](#).



Indoor Winter Farmers Markets

Support local farmers and help address food access issues by shopping at [Faith in Place](#) indoor Winter Farmers Markets at houses of worship across Illinois. See the [schedule](#) and save the date for the ones near you!

Save the Date!

The Intersection of Spirituality and Mental Health Practice

March 27-29, 2020

American Islamic College

640 W. Irving Park Road, Chicago

The the 12th Annual Muslim Mental Health Conference by the Michigan State University Department of Psychiatry brings together scholars, faith leaders, healthcare providers and researchers to examine topics related to mental health across the Muslim community. It will include keynote speakers, scholarly research presentations and panel discussions. Note that there will be parallel tracks, one for Islamic Psychology and one for General Muslim Mental Health. [Learn more and register.](#)

Hope for the Journey

Second Tuesday of each month

7:00 to 8:30 p.m.

This is a monthly faith-based support group for people affected by issues related to mental health/mental illness. It is provided by the National Alliance on Mental Illness, Cook County North Suburban (NAMI-CCNS). Come join others to share stories of courage and challenge, patience and perseverance. Questions? Call NAMI CCNS at 847-716-2252

Health Literacy: Community Conversations about Health/Charlas de Salud

Every Tuesday, 4:50 to 5:30 p.m.

Erie Family Health Center

2323 Grand Avenue, Waukegan

Mano a Mano is partnering with Erie HealthReach Clinic in Waukegan to provide free health education classes in Spanish to interested community members. Participants even get to try out some delicious (and healthy) recipes in Erie's instructional kitchen. Open to all community members. For more information, call Mano a Mano 847-201-1521 or contact Astrid Martinez, Program Manager at amartinez@mamfrc.org.