

Mental Health & Substance Abuse Resources



Advocate Aurora Health Offers Faith and Mental Health Specialist and Liaison Services

Advocate Aurora Health offers Faith and Health Mental Health Specialist and Liaison Services to connect faith leaders and their congregations to resources to support the emotional well-being of people in their communities. See [details](#).

In addition, the Center for Faith and Community Health Transformation - a joint project of Advocate Aurora Health and the University of Illinois at Chicago - offers an extensive list of mental health resources. See it [here](#).

Webinar: Suicide in Later Life: Who's at Risk and How You Can Help

Jan. 21, 2020, noon-1:30 p.m. ET

In the United States, persons aged 65 and older make up 13% of the population but account for 18% of all suicides. Dr. Judith Stillion will examine trends and hallmarks of elderly suicide and suggest approaches for working with seniors experiencing suicidal ideation. She will also discuss supporting family and friends when a suicide occurs. See [details](#).

Adverse Childhood Experiences as a Risk Factor for Complicated Grief

View it Live on Thursday, February 20 and on demand for one year.

Expert panelists: Laurie Burke, PhD and Elizabeth Crunk, PhD

Length: 90 minutes

Dr. Crunk and Dr. Burke will discuss their research findings and clinical implications of the relation between adverse childhood experiences (ACEs) and complicated grief in bereaved adults and offer some recommendations for intervention. They will also provide ways to incorporate trauma assessment and intervention into bereavement settings.

[View the full program information sheet here.](#)

Continuing Education:

1.5 credits available for a variety of professional boards for \$9 per certificate.

The Intersection of Spirituality and Mental Health Practice

March 27-29, 2020

American Islamic College

640 W. Irving Park Road, Chicago

The the 12th Annual Muslim Mental Health Conference by the Michigan State University Department of Psychiatry brings together scholars, faith leaders, healthcare providers and researchers to examine topics related to mental health across the Muslim community. It will include keynote speakers, scholarly research presentations and panel discussions. Note that there will be parallel tracks, one for Islamic Psychology and one for General Muslim Mental Health. [Learn more and register.](#)

Wheaton College Announces New Trauma Certificate

The School of Psychology, Counseling, and Family Therapy has partnered with the [Humanitarian Disaster Institute's M.A. in Humanitarian and Disaster Leadership](#) to offer the new [Trauma Certificate](#) at the Wheaton College Graduate School. Led by [Dr. Tammy Schultz](#) and [Dr. Jamie Aten](#), the Blanchard Chair of Humanitarian & Disaster Leadership, this nine-credit course will prepare mental health professionals to better care for those affected by traumatic events. [See certificate details.](#)

Bright Start Community Outreach Trauma Hotline

Chicago-based toll-free number: 833-TURN123

BSCO uses trained faith and community leaders and mental health professionals as trauma counselors to provide counseling services to those struggling with any difficult experience. Services are free and open to people of all beliefs and will only incorporate faith when requested.

The Opioid Epidemic Practical Toolkit

"Helping Faith-based and Community Leaders Bring Hope and Healing to Our Communities." Published by the Partnership Center for Faith and Opportunity Initiatives at the Department for Health and Human Services.

A resource for faith leaders on suicide prevention and support [Suicide Prevention Competencies for Faith Leaders: Supporting Life Before, During and After a Suicidal Crisis](#)

Training videos

Mental Health and Chaplaincy's Faith Community and Clergy Training videos are designed to help faith communities and clergy care for and support veterans and persons with emotional and mental health struggles. See links to the videos [here](#).

New locator tool for substance abuse treatment

The Department of Health and Human Services launched [FindTreatment.gov](#), a new website designed to help Americans looking for substance abuse treatment locate services near them. Visitors to [FindTreatment.Gov](#) can access information on treatment options, payment and insurance, and the locations of over 13,000 state-licensed treatment facilities across the United States.

WRAP Facilitator Training



The Wellness Recovery Action Plan®, or WRAP®, is an evidence-based system that is used worldwide by people who are dealing with mental health and other kinds of health challenges, and by people who want to attain the highest possible level of wellness. WRAP® Facilitator Training is for individuals ages 18 and older who will be facilitating WRAP® Classes.

WRAP® Facilitator Training is offered twice a year in Illinois, and includes:

- A single one-hour pre-training conference call for participants and their supervisors
- Six, full-day (six-hour), on-site training sessions (once a week for six weeks)

One full-day (six-hour) Refresher

Learn more about [facilitator trainer training](#).

Hope for the Journey

Second Tuesday of each month

7:00 to 8:30 p.m.

Advocate Lutheran General Hospital

1775 Dempster Street

Park Ridge, IL

10th Floor, Sasser Room

This is a monthly faith-based support group for people affected by issues related to mental health/mental illness. It is provided by the National Alliance on Mental Illness, Cook County North Suburban (NAMI-CCNS). Come join others to share stories of courage and challenge, patience and perseverance. Questions? Call NAMI CCNS at 847-716-2252