

New 988 dialing code provides easy access to National Suicide Prevention Lifeline

- What:** New 988 Dialing Code
- Who:** For individuals experiencing emotional distress or suicidal thoughts
- When:** Starting July 16, 2022
- Where:** Available nationwide
- Why:** To provide easy access to National Suicide Prevention Lifeline
- How:** Call, text, or chat 988. You will be connected to trained counselors who will listen, provide support, and connect you to resources if necessary.

Learn more:

tinyurl.com/262d3b9d

